

# The Interscholastic



## FALL SPORTS



Featured In This Issue:  
Band Program  
Cheer Program  
Cross Country Program  
Football Information  
Golf Program  
Soccer Program  
Volleyball Program



August 2019

**THE  
INTERSCHOLASTIC  
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- Member ..... Craig Lee Loy
- Member ..... Mike Kelley
- Member ..... Eddie Campbell
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**REGIONAL DEPUTY DIRECTORS**

**REGION 1**

Jason Marling ..... Sherrard Middle School

**REGION 2**

Dottie Smith ..... Wirt County Middle School

**REGION 3**

Matt DeMotto ..... Bridgeport High School

**REGION 4**

Judy Marcus ..... Washington High School

**REGION 5**

Eddie Vincent .. Buckhannon-Upshur High School

**REGION 6**

John Henry ..... Shady Spring Middle School

**REGION 7**

Amy Robertson ..... Greenbrier West High School

**REGION 8**

Anna Lilly ..... PikeView High School

**REGION 9**

Jeff Kelley ..... St. Albans High School

**REGION 10**

Brent Jarrell ..... Barboursville Middle School

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**2019-2020**

**BOARD OF DIRECTORS**

**Meeting Dates**

<b>July 24-25</b>	<b>Parkersburg (WVSSAC) 24/6:00 p.m. - 25/8:00 a.m.</b>
<b>August 28-29</b>	<b>Parkersburg (WVSSAC) 28/6:00 p.m. 29/8:00 a.m.</b>
<b>October 23-24</b>	<b>Parkersburg (WVSSAC) 23/6:00 p.m. - 24/8:00 a.m.</b>
<b>November 20-21</b>	<b>Parkersburg (WVSSAC) 20/6:00 p.m. - 21/8:00 a.m.</b>
<b>January 22-23</b>	<b>Parkersburg (WVSSAC) 22/6:00 p.m. - 23/8:00 a.m.</b>
<b>February 18-19</b>	<b>Parkersburg (WVSSAC) 18/6:00 p.m. - 19/8:00 a.m.</b>
<b>March 29, 30, 31 (Board of Control) March 31- Board of Directors</b>	<b>Stonewall Resort State Park, Roanoke 10:00 a.m.</b>
<b>May 5-6</b>	<b>Parkersburg 5/6:00 p.m. - 6/8:00 a.m..</b>
<b>June 8-9</b>	<b>Summer Meeting - Parkersburg 8/1:00 p.m. - 9/8:30 a.m.</b>

**2019-2020**

**WVSSAC - Office Closed**

<b>July 4</b> .....	<b>Independence Day</b>
<b>September 2</b> .....	<b>Labor Day</b>
<b>November 11</b> .....	<b>Veterans Day</b>
<b>November 28, 29</b> .....	<b>Thanksgiving</b>
<b>December 24-27</b> .....	<b>Christmas</b>
<b>December 30-January 1</b> .....	<b>New Year's</b>
<b>January 20</b> .....	<b>Martin Luther King Day</b>
<b>April 10-13</b> .....	<b>Good Friday-Easter Monday</b>
<b>May 25</b> .....	<b>Memorial Day</b>
<b>June 19</b> .....	<b>West Virginia Day</b>



# Your WVSSAC Administrators



**Bernie Dolan**  
Executive Director



**Greg Reed**



**Wayne Ryan**



**Dr. Cindy Daniel**

----- Assistant Executive Directors -----

## Arthur Petitto and Mike Kelley Appointed to Board of Directors

*Outstanding  
People*



**Arthur Petitto**

Mr. Arthur Petitto, Athletic Director, Bridgeport Middle School, was appointed to serve on the Board of Directors to represent the Athletic Directors. Arthur was born in Clarksburg, WV and graduated from South Harrison High School. He continued his education at Fairmont State University, Fairmont, WV.

Mr. Petitto taught at Bridgeport Middle School for 43 years and has served as Athletic Director for 16 years.

Mr. Petitto has served as president of the West Virginia Athletic Directors Association and as director of the Girls and Boys State Basketball Tournaments. He has also been the WV Athletic Director of the Year. He has also recently began teaching the WVSSAC Coaches Class for the WVSSAC.

Arthur and his wife Nancy are the parents of one daughter, Jennifer Fleece. They attend Immaculate Conception Church in Clarksburg. He enjoys golf, family travel and woodworking in his spare time.

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Mr. Michael Kelley, Principal, Herbert Hoover High School was appointed to serve on the Board of Directors to represent Region 3. Michael was born in Barberton, OH. and graduated from Herbert Hoover High School. He continued his education at WV State, Marshall University and Salem University with degrees in education, special education and leadership.

Mr. Kelley served as a classroom teacher for 8 years in Kanawha County; Assistant Principal at South Charleston High School & St. Albans High School for 6 years and has been principal at Herbert Hoover High School for 10 years.

Mr. Kelley was recognized as WVASSP assistant principal and principal of the year. He has served as chair of the WVSSAC Constitution and By-Laws Committee and sat on the WVASSP Board. He is a past president of WVASSP and Kanawha County Schools school masters.

Mike is the father of two boys; Chuck 11 and Jack 9.



**Mike Kelley**

We are pleased to have both Mr. Petitto and Mr. Kelley serve on the Board of Directors.



# WEST VIRGINIA SECONDARY SCHOOL ACTIVITIES COMMISSION WEST VIRGINIA BANDMASTERS' ASSOCIATION SPRING FESTIVAL FOR PERFORMANCE EVALUATION AND ASSESSMENT



- I. The recognized band festivals of the State of West Virginia will be held under the joint sponsorship of the West Virginia Bandmasters' Association and the West Virginia Secondary School Activities Commission as a music education event for the instrumental music students of West Virginia schools.
- II. All WVSSAC member schools (High School, Middle School/9th Grade Schools) shall be required to participate in the festival of their region if band is in their class schedule or if the school has applied for and been granted a waiver. **Waivers must be post-marked by February 15.** (See WVSSAC Rule 127-5-5.3)
- III. Band Festivals may only be held with the sanction of the Secondary School Activities Commission.
- IV. To be sanctioned, a festival:
  - A) Must be held from the Monday of Week 38 to the Saturday of Week 44 of the WVSSAC standardized calendar. The regional director shall be responsible to determine the appropriate date which must be submitted to the WVSSAC prior to June 1 of the year preceding the festival.
  - B) Must be held in a facility adequate to host a festival (i.e. warm-up rooms with stands, acoustically acceptable performance area, etc..)
  - C) Must accept only bands that meet WVSSAC eligibility requirements.
  - D) Must see that bands meet all Festival Plan requirements.
- V. FESTIVAL PROCEDURE:
  - A) All music, with the exception of warm-up selections, must be selected from the current WVBA Graded Music List. New titles may be added to the Graded Music List by submitting them to the Graded Music List Chairman. **Additions to the Graded Music List are at the discretion of the chairman.** Submissions for the current school year must be post-marked no later than February 15. If a tune is not on the current Graded Music List, a No Rating will be given and the school will be notified accordingly. Two movements of a suite or one movement of a symphony shall constitute one selection. The WVBA Graded Music List may be accessed at the following web site:  
<https://wrjenks74.wixsite.com/wvgradedmusiclist>
  - B) The Chairman of the Music Grading Committee will be appointed by the President of WVBA and approved by the WVBA Executive Board. The chairman will then select his/her own committee with the advice and consent of the Executive Board.
  - C) No music shall be prepared and entered by a school in a festival more than once during any four consecutive years for high school and three consecutive years for middle schools. If the rule is not followed, the band will receive NR and the SSAC will be notified. The Festival Director must keep yearly records to enable the enforcement of this rule.
  - D) At the Festival, two separate selections from the current Graded Music List shall constitute the audition program. A warm-up selection may be played prior to these selections; however, it is not to be adjudicated. The warm-up selection may or may not be from the current Graded Music List.
  - E) The performance "level" of each band will be determined by the adjudicated selections.
  - F) The five ratings to be used in adjudication are: I, II, III, IV, and V.
  - G) A band may choose to have "Comments Only" instead of a rating; however, the music selected must still be selected from the Graded Music List. The Festival Chair will establish the deadline for such request.
  - H) Adjudication ratings will be published as follows: SCHOOL, LEVEL, RATING (e.g. COLUMBUS HIGH SCHOOL, LEVEL VI, RATING II).
  - I) Sight reading shall be considered a festival option. If chosen, a sight reading judge will be hired. After performing the prepared festival music, the band will proceed to another performance area to read at sight a selection one level lower than the lowest level prepared. The sight reading grade will be considered separate from the other festival rating.
- VI. FEES: A fee of a minimum of **\$150.00** will be assessed for each band. **This fee shall be sent to the director of the regional festival.** If it is not postmarked no later than March 1 or at the discretion of the Festival Director. Participation by the band will be at the discretion of the Festival Director. In the event the Festival Director elects to waive the March 1st deadline, a \$50.00 fine will be assessed and must be paid on or before the performance date.
- VII. Fee for Non-Participating Bands & Sanctions
 

If a band does not participate in the festival or is not granted a waiver, a fee of **\$150.00** will still be assessed and due by March 1. **Failure to pay the fee will result in Courtesy and Identification Cards for that school being withheld until payment is received.**
- VIII. Adjudicators:
  - A) Festival judges shall be selected from a list of qualified adjudicators approved by the West Virginia Bandmasters' Association. The assignment of festival judges will be made by the festival director with the assistance of the WVSSAC.
  - B) Additions to and deletions from the list of approved adjudicators may be made by submitting recommendations to the WVBA Executive Board. Festival Directors and bandmasters from each region may recommend qualified adjudicators to the WVSSAC. These individuals may be exempt from the required adjudicators' training.
  - C) Each band will be adjudicated on its prepared selections by three judges.
  - D) The official rating form approved by the WVBA shall be used for the adjudication.
  - E) For adjudicating a band festival, each judge shall be paid a fee of **\$200.00** and expenses which are to include a minimum of \$.31/mile travel and not more than \$20.00 per day for meals. In addition, the Festival Director shall arrange suitable housing for the judges at the expense of the festival.
  - F) Each judge shall be supplied a numbered score of the audition music to be adjudicated. Judges are not to receive scores of warm-up selections. Photo copies are only permitted as provided by the US Copyright Law. If the rule is not followed, the regional director must notify the WVSSAC.
  - G) Judges shall use both recorded comments and adjudication forms to evaluate and assess each band.
  - H) Sight reading adjudicators do not have to be on the approved adjudicators list.
- IX. The Festival Director shall be someone closely associated with music education. The Director is responsible for all affairs of the festival. The Director shall submit a Festival Report to the WVSSAC no later than ten working days following the festival. This report shall consist of the financial report, ratings of each band, and a festival fee in the amount of \$150.00.
- X. Final authority in case of disputes or interpretation of rules shall rest with the WVSSAC.





# 2018-2019 REGIONAL BAND FESTIVAL RESULTS



The status of member school bands are listed below as to whether they attended Regional Band Festivals. The Festival Plan requires member schools (high schools, Middle School/9th Grade schools) to participate in the festival in their region within the guidelines of the Festival Plan. Section 127-5-5 of the WVSSAC Rules and Regulations Handbook states, "In order to qualify for approved participation in activities outside the home county and counties contiguous to the home county (including out-of-state), bands of member schools must have participated within the guidelines of the WVSSAC Band Festival Plan in the most recently conducted regional band festival."

## HIGH SCHOOLS

School Name	Grade Level	Rating	School Name	Grade Level	Rating	School Name	Grade Level	Rating
Berkeley Springs	4, 4	3	Lincoln County	4, 5	1	Riverside	4, 5	2
Bluefield	4	1	Logan	3, 4	2	Roane County	4, 5	1
Braxton County	5, 3	1	Magnolia	2, 3	2	Robert C. Byrd	3, 3	2
Bridgeport	5, 4	1	Man HS/MS	2, 3	2	St. Albans	4	1
Brooke	4, 5	1	Martinsburg	5, 5	2	St. Joseph Central	2, 1	2
Buckhannon-Upshur	5	1	Meadow Bridge	1, 1	2	St. Marys	3, 3	2
Buffalo (P)	3	1	Midland Trail	2, 1	3	Scott	5, 6	2
Cabell Midland	5	1	Mingo Central	3, 3	3	Shady Spring	5, 6	2
Calhoun County MS/HS	1, 1	CO	Montcalm	Did Not Participate		Sherman HS/MS	1, 1	2
Cameron Jr/Sr	2, 3	3	Moorefield	2, 3	2	Sissonville	4	2
Capital	4	1	Morgantown			South Charleston	5, 4	1
Chapmanville	3, 4	1	Wind	6, 6	1	South Harrison	5, 4	2
Clay-Battelle	2, 3	CO	Symphonic	5, 5	1	Spring Mills	3, 3	2
Clay County	3, 3	2	Concert (Red)	4, 5	1	Spring Valley		
Doddridge County	3, 3	2	Concert Freshman	3, 3	2	A	5	1
East Fairmont	5, 4	2	Mt. View	Did Not Participate		B	3, 4	1
East Hardy	3, 3	2	Musselman	6, 6	1	Summers County	2, 2	2
Elkins	5	2	Nicholas County	4, 5	2	Tolsia	3	1
Fairmont Sr.	5, 4	1	Nitro	4	2	Trinity Christian	2, 1	3
Fayetteville	2, 2	2	North Marion	4, 3	2	Tucker County	Did Not Participate	
Frankfort	4, 5	1	Notre Dame HS/MS	NG		Tug Valley	2, 2	2
George Washington	5	1	Oak Glen	3, 4	2	Tygarts Valley HS	1, 2	2
Gilmer County	3, 3	1	Oak Hill	4, 4	1	Tyler Consolidated	3	1
Grafton	4, 4	2	Paden City	3	1	University		
Greenbrier East			Parkersburg	4, 4	1	Concert	3, 4	1
Concert	3, 5	1	Parkersburg Catholic	Did Not Participate		Wind Ensemble	6, 6	1
Symphonic	6, 6	2	Parkersburg South			Valley (F)	2, 2	CO
Greenbrier West	3, 4	1	Freshman	4, 3	1	Valley (W)	4	2
Hampshire	3, 4	2	Symphonic	5, 6	1	Wahama	3, 5	1
Harman	Waiver		Paw Paw MS/HS	1, 2	3	Washington		
Hedgesville	5, 4	CO	Pendleton County MS/HS	1	2	Concert	4, 4	1
Herbert Hoover	3	1	Petersburg	4	1	Wind Ensemble	6, 5	1
Hundred/Long Drain	2	3	Philip Barbour	6	1	Wayne	4	1
Huntington	4	1	PikeView	4, 5	1	Webster County	2	1
Hurricane	4, 5	1	Poca	3, 4	1	Weir	Waiver	CO
Independence	3, 3	2	Pocahontas County	3, 4	3	Westside	2	2
James Monroe	3	1	Point Pleasant			Wheeling Central	Did Not Participate	
Jefferson			1	Did Not Participate		Wheeling Park	4, 5	1
Concert	3, 4	1	2	Did Not Participate		Williamstown	3, 4	1
Freshman	4, 4	2	Preston	5, 5	2	Winfield	6	1
John Marshall	5	1	Princeton	5	1	Wirt County	3, 3	3
Keyser	4, 4	3	Ravenswood	4, 5	1	Woodrow Wilson	4, 4	2
Lewis County	5	1	Richwood	3, 3	2	Wyoming East	2	3
Liberty (H)	4, 4	1	Ripley	5	1			
Liberty (R)	2, 2	2	Ritchie County	5, 5	2			
Lincoln	4, 4	1	River View	Did Not Participate				



MIDDLE SCHOOL

School Name	Grade Level	Rating	School Name	Grade Level	Rating	School Name	Grade Level	Rating
Andrew Jackson	2	2	Harman	Waiver		Ripley		
Ansted	Did Not Participate		Harpers Ferry	3, 3	1	7th Grade	2, 2	1
Aurora	1, 2	3	Harts	Waiver		8th Grade	3, 2	1
Barboursville	2	1	Hayes	2	1	Ritchie County	1, 1	2
Barrackville	1, 1	2	Hedgesville	3, 2	2	Rivesville	2, 1	2
Beckley-Stratton	1, 2	1	Horace Man	2	1	Robert L. Bland	2	1
Belington	2	1	Huntington	2	1	Romney	1, 1	1
Blennerhassett	3, 3	1	Huntington East	2	1	Rowlesburg	1, 1	2
Bluefield	2	1	Hurricane	3	1	Saint Francis	1, 1	CO
Braxton	Did Not Participate		Independence	1, 1	1	Saint Joseph School	Did Not Participate	
Bridgeport	3, 3	1	Jackson	1, 2	3	Shady Spring	3, 3	1
Bridge Street	2	2	John Adams	2	2	Shepherdstown	2, 2	1
Brooke	1, 2	2	Kasson	1	CO	Sherrard	2	2
Bruceton	2, 2	3	Kermit	Non-Compliant		Short Line	2	2
Buckhannon-Upshur	3	1	Keyser	Did Not Participate		Sissonville	1	1
Burch PK-8	1, 1	2	Lenor PK-8	Did Not Participate		South	3, 3	2
Capon Bridge	Did Not Participate		Lincoln	1, 2	1	South Charleston	2, 1	1
Cedar Grove	Did Not Participate		Logan	1, 1	2	South Harrison	2, 1	2
Central Preston			Madison	2, 3	2	South Preston	1, 2	3
6th	1, 1	1	Man	Did Not Participate		Spencer	1, 1	2
7th/8th	3, 3	1	Mannington	1, 1	CO	Spring Mills	2, 2	1
Ceredo-Kenova	2	1	Marlinton			Stonewall Jackson	1	3
Chapmanville	1, 1	2	6th Grade	2	2	Summersville	2, 2	3
Charles Town			7th & 8th Grade	3	2	Suncrest	3, 3	1
8th Grade	3, 2	1	Martinsburg North	2, 2	3	Taylor County	1, 2	1
7th Grade	2, 2	2	Martinsburg South	2, 2	1	Terra Alta East Preston	Did Not Participate	
Clay County	2, 2	1	Matewan	1, 1	2	Trap Hill	2, 1	3
Collins	2, 2	2	McKinley	2	2	Triadelphia		CO
Crum	1	2	Milton	1	3	Tucker Valley	Did Not Participate	
Davis Thomas	Did Not Participate		Monongah	2, 1	3	Tygarts Valley	Did Not Participate	
Doddridge County	1, 1	3	Montcalm	1, 2	2	6th Grade	Did Not Participate	
Dunbar	2, 3	3	Moorefield	1, 1	CO	Tyler Consolidated		
DuPont	2	2	Moundsville	2	2	6th Grade	1	1
Duval K-8	1, 2	2	Mountain Ridge	1, 2	1	7th & 8th Grade	3	1
East Bank	1, 2	2	Mountain View	2	2	VanDevender	1, 1	3
East Fairmont MS	2, 2	2	Mountaineer			Vinson/Buffalo	2	1
East Hardy	2, 2	3	7th Grade	1, 2	1	Walton	Did Not Participate	
East Preston	1, 2	2	8th Grade	2, 3	1	Warm Springs	2, 2	3
Eastern Greenbrier	3, 3	1	Mon. Wind	3, 4	2	Warwood	1	3
Edison	3, 2	2	Musselman	2, 2	1	Washington Irving	2, 2	2
Elkins	3	2	New Martinsville	2	3	Wayne	2	1
Elkview	2	1	Oak Glen	2	1	Webster Springs/Hackers V	1	1
Fairmont Catholic MS	Did Not Participate		Our Lady of Fatima	2	1	Weir	Waiver	
Fairview	2, 2	2	Park	1, 2	2	Wellsburg	Did Not Participate	
Fort Gay	1	2	Petersburg	1	2	West Fairmont	2, 2	1
Frankfort	2, 3	2	Peterstown	1	2	West Preston	2, 2	2
George Washington	2, 2	1	Philippi	1, 2	2	Western Greenbrier	2, 2	1
Gilbert	1, 1	CO	PikeView	3	1	Westwood	3, 2	1
Glenwood	1, 2	CO	Pleasants County	2, 2	1	Wheeling	2, 3	1
Green Bank	Did Not Participate		Poca	3	1	Wildwood	3, 2	CO
Guyan Valley	1, 2	3	Point Pleasant	2, 2	2	Williamson	1, 1	3
Hamilton	2, 2	1	Princeton	3	1	Williamstown	2, 2	2
Hamlin	1, 1	1	Ravenswood	1, 1	1	Winfield	2, 3	1
						Wirt County	2, 2	3

THE WEST VIRGINIA PLAN OF ADJUDICATION

Rating I (Division I)

This division represents the finest conceivable performance for the event and the class of participants being judged; worthy of the distinction of being recognized as among the very best.

Rating II (Division II)

This rating reflects an unusual performance in many respects but not one worthy of the highest rating due to minor defects. However, it is a performance of distinctive quality.

Rating III (Division III)

This rating is awarded for a good performance but one that is not outstanding. The performance shows accomplishment and marked promise but is lacking in one or more essential qualities.

Rating IV (Division IV)

This rating describes a performance that shows some obvious weaknesses. These may reflect handicaps in the way of instrumentation or lack of rehearsal time.

Rating V (Division V)

This rating indicates a performance which reveals much room for improvement. The director should check his methods, instrumentation, etc., with those of more mature organizations.

\*Comments Only

A band director may choose to not receive a rating - just comments. This is to encourage bands to attend their Regional Festival even though they lack numbers or instrumentation.



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*If people take anything from my music, it should be motivation to know that anything is possible as long as you keep working at it and don't back down.*

~ Eminem





## REGIONAL BAND FESTIVALS – 2020



**Region 1** – Hancock, Ohio, Brooke, Marshall, Wetzell, and Tyler  
 Location: John Marshall High School  
 Date: **April 21, 22, 2020**  
 Director: Ms. Tracey Filben, Bandmaster  
 John Marshall High School  
 1300 Wheeling Avenue  
 Glen Dale, WV 26038  
 E-mail: [ffilben@k12.wv.us](mailto:ffilben@k12.wv.us)

**Region 2** – Doddridge, Ritchie, Wood, Gilmer, Wirt, Calhoun, Roane, Jackson, Mason, and Pleasants  
 Location: Parkersburg South HS  
 Date: **April 21, 22, 2020**  
 Director: Ms. Eric Staats, Bandmaster  
 Parkersburg South High School  
 1511 Blizzard Drive  
 Parkersburg, WV 26101  
 E-mail: [edstaats@k12.wv.us](mailto:edstaats@k12.wv.us)

**Region 3** – Putnam, Cabell, and Wayne  
 Location: Cabell Midland High School  
 Date: **April 15, 16, 17, 2020**  
 Director: Mr. Tim James, Bandmaster  
 Cabell Midland High School  
 2300 Route 60  
 Ona, WV 25545  
 E-mail: [trjames@k12.wv.us](mailto:trjames@k12.wv.us)

**Region 4** – Kanawha  
 Location: Capital High School  
 Date: **April 2, 3, 2020**  
 Director: Ms. Meleah Fisher, Bandmaster  
 Herbert Hoover HS  
 Herbert Hoover High School  
 5856 Elk River Rd. North  
 Clendenin, WV 25045-9716  
 E-mail: [mfisher@mail.kana.k12.wv.us](mailto:mfisher@mail.kana.k12.wv.us)

**Region 5** – Lincoln, Boone, Logan, Mingo, and Clay  
 Location: Chapmanville Regional High School  
 Date: **April 1, 2, 2020** (Tentative)  
 Director: Robin Bailey, Bandmaster  
 Chapmanville Regional High School  
 200 Vance Street  
 Chapmanville, WV 25508  
 E-mail: [robin.bailey@k12.wv.us](mailto:robin.bailey@k12.wv.us)

**Region 6** – Wyoming, McDowell, Mercer, and Monroe  
 Location: Princeton High School  
 Date: **April 2, 2020**  
 Director: Ms. Julia Kade, Bandmaster  
 Chuck Mathena Center  
 #2 Stafford Commons  
 Princeton, WV 24740  
 E-mail: [jkade@suddenlink.net](mailto:jkade@suddenlink.net)

**Region 7** – Fayette, Raleigh, Summers, Greenbrier, and Nicholas  
 Location: Woodrow Wilson High School  
 Date: **April 22, 23, 2020**  
 Director: Mr. William Bailey  
 194 Oak Leaf Trail  
 Mount Hope, WV 25880  
 E-mail: [bbailey49@frontier.com](mailto:bbailey49@frontier.com)

**Region 8** – Tucker, Barbour, Lewis, Upshur, Randolph, Pocahontas, Webster, and Braxton  
 Location: Philip Barbour High School  
 Date: **April 3, 4, 2020**  
 Director: Mr. Victor Iapalucci, Bandmaster  
 Philip Barbour High School  
 99 Horseshoe Drive  
 Philippi, WV 26416  
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**Region 9** – Pendleton, Hardy, Grant, Mineral, Hampshire, Morgan, Berkeley, and Jefferson  
 Location: Musselman High School  
 Date: **March 25, 26, 2020**  
 Director: Mr. Michael Knepper, Bandmaster  
 Musselman High School  
 126 Excellence Way  
 Inwood, WV 25428  
 E-mail: [mknepper@k12.wv.us](mailto:mknepper@k12.wv.us)

**Region 10** – Preston, Monongalia, Marion, Taylor, and Harrison  
 Location: Bridgeport High School/Robert C Byrd High School  
 Date: **April 1, 2, 2020**  
 Director: Mr. Michael Ford  
 144 Virginia Street  
 Jane Lew, WV 26378  
 E-mail: [musicmakers07@aol.com](mailto:musicmakers07@aol.com)

## PARTICIPATION OF BANDS AT BASKETBALL CONTESTS



Part of the excitement at many of our interscholastic basketball contests involves the spirited music supplied by a pep or jazz band. The performances of the musical group are enjoyed by all attending the game. To ensure full appreciation of the group's performances, certain guidelines, indicating when to play, should be followed. Band directors are reminded that as a courtesy to the teams and cheerleaders of both schools, the performances by the band should be limited to a certain schedule. The guidelines listed below indicate an appropriate playing schedule for the band.

### *Guidelines for bands performing at basketball contests:*

- 1) The band should play before the game begins. The director should coordinate the schedule so that team members may be announced if desired by the host school.

- 2) The band should play at halftime of the contest.
- 3) The band may play at the end of the contest if desired.
- 4) The band should not play during time-outs or the break between quarters in order to allow the cheerleaders the opportunity to lead cheers. Players and coaches need to be able to communicate with each other during time-outs.
- 5) Musical instruments may not be used as noise makers during the contests.

The band director and his/her performing group will display courtesy and respect to the players and cheerleaders by playing at specific times. With good planning and cooperation, the school pep band will be an integral part of the excitement and spirit of the contests.



## Band Procedures for Football Playoffs

Band members in uniform of the two participating schools shall be admitted to the game free. During the half-time intermission of the game, the visiting team band shall perform first and be prepared to start its performance immediately after the end of the first-half play. Performance by the visiting team band shall not exceed ten (10) minutes including time to get on and off the field. Performance by the home team band shall not exceed ten

(10) minutes including time to get on and off the field. The field must be cleared for the mandatory three-minute warm-up drills for players. Teams should be notified at the end of fifteen (15) minutes. If a special announcer is required for a band show, previous arrangements shall be made with game director in order to gain access to the public address system.

# WEST VIRGINIA CONCERT BAND ADJUDICATOR'S GUIDELINES

This application can be requested from:

**WVSSAC, 2875 Staunton Turnpike, Parkersburg, WV 26104-7219**

**Chris Hayslette, Bandmaster Bridgeport High School, 515 Johnson Ave., Bridgeport, WV 26330**

1. **All applicants** must possess a degree in Music, or Music Education from a recognized school, college, or university.
2. **All applicants** must have a minimum of five (5) year's teaching experience in a public, secondary, or postsecondary school. Please list your most recent dates of employment and the dates at that location. If you have been at that location less than five years, please use the next line(s) on the application to complete this section.
3. **All applicants** must complete the Introduction to Music Adjudication course offered through the National Federation of State High Schools Association. The course is located online at <http://nfhslearn.com/courses/61030/introduction-to-music-adjudication>
4. **For In-State Elementary and Secondary Music Educators:**  
Observe a full day of adjudication, with an approved adjudicator, at a Regional Band Festival sponsored by the WV Bandmasters and/or the WVSSAC. The applicant should contact the region chair and/or someone that he/she knows is judging the band festival. Arrangements should be made to sit beside the approved adjudicator. The applicant should make notations on a separate Concert Band Adjudication Form (received from the Region Chair) and after each group performs may share observations with the official adjudicator. The applicant will assign a rating for the particular group but in no way will this have any bearing or effect on the scores for the performing ensemble. At the end of the day, the Region Chair and the observed adjudicator will sign off on the application to verify that the applicant has met the criteria and is qualified to be placed on the list. Care should be taken to only endorse those individuals that the adjudicator would want to possibly judge their own ensemble. Only one applicant will be permitted with one adjudicator at each festival, and no reimbursement will be made to the applicant. Lunch/Dinner will be provided at no expense to the applicant if it is the custom of the region festival to do so.
5. **For Out of State and Postsecondary Educators:**  
Individuals must obtain two (2) letters of recommendation from:
  1. An individual already on the "Approved" list of adjudicators
  2. A current Region Chairperson
  3. A currently employed band director with a minimum of five (5) year's teaching experience in a public, secondary, or postsecondary school.

Applicants should have the writer submit their letter directly to the Adjudicator's list chairperson.

In-State Postsecondary Educators may elect either option #4 or #5.

**Applicants who elect option #5 will be granted temporary approval until they have completed their first festival adjudication. At the following May meeting a vote will be taken to place the applicant on the permanent Adjudicator's list.**

This application should be mailed to Chris Hayslette no later than June 1. Approved applications will be placed on the list effective July 1 and be eligible to adjudicate the following year. All changes of address or employment should be reported to Chris Hayslette yearly so updates can be made.

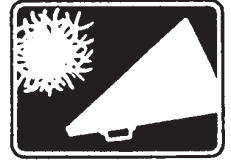
## West Virginia Concert Band Adjudicator's Application

Information: Name \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City, State, Zip Code \_\_\_\_\_  
 Primary Phone \_\_\_\_\_  
 Secondary Phone \_\_\_\_\_  
 E-mail Address \_\_\_\_\_

1. Degree in Music/Music Education from a recognized music school, college, or university  
 School \_\_\_\_\_  
 Degree \_\_\_\_\_  
 Year Completed \_\_\_\_\_
2. A minimum of five (5) years teaching experience:  
 Employed by \_\_\_\_\_  
 Dates \_\_\_\_\_  
 Employed by \_\_\_\_\_  
 Dates \_\_\_\_\_
3. Observe a full day of adjudication, with an approved adjudicator, at a Regional Band Festival sponsored by the WV Bandmasters and/or the WVSSAC.  
 Region Site \_\_\_\_\_  
 Date \_\_\_\_\_  
 Region Chair Signature \_\_\_\_\_  
 Observed Adjudicator Signature \_\_\_\_\_

**Form and a copy of your NFHS Adjudication Certificate is to be returned to: Chris Hayslette, Bandmaster Bridgeport High School, 515 Johnson Ave., Bridgeport, WV 26330**

# 2019-2020 Cheerleading Program



**REQUIRED READING:** Cheer coaches are reminded to carefully review and follow all rules and regulations as set forth in this document and the WVSSAC Cheer Manual, (a supplemental document available online), NFHS Rule Book and WVSSAC Rules & Regulations Handbook.

The Cheer Coaches Committee met on Wednesday, April 10, 2019.

## 2019-20 High School Cheerleading Dates:

Season Starts:	Mon. of Wk. 5	August 5
Regional Outline (C-2 A&B) Due		October 7
Regional Entry Form (C4) & MusicForm (C5) Due		October 7
Regional	Week 18	November 9
State	Week 23	December 14
Season Ends		March 21
2 & 4 hour Judges Training at WVSSAC		August 3
2 & 4 hour Judges Training at East Fairmont HS		August 10
Cheer Injury Survey Due - High School		March 25 (Wed)
Cheer Injury Survey Due - Middle School		March 4 (Wed)

The Head coach is required to attend a clinic which will focus on rules and regulations and safety procedures (**YOU CANNOT SEND YOUR ASSISTANT**).

## I. RULES AND REGULATIONS - GENERAL

- A) Procedures for tryouts shall be decided by individual schools. Cheer tryouts may not be held until the beginning date for the cheer season. An orientation session may be held prior to the last day of each year's school term. **This shall be a meeting to inform parents and students of the school's cheer program. This is an orientation session for information only; no cheer activities or instruction may occur.**
- B) It is strongly recommended that cheer teams be chosen by the coach.
- C) **Fund-raising** - Fund-raising by cheer teams will be allowed from the beginning of the season until the last student instructional day of the school year. However, fund-raising between the end of the season (**elimination of basketball team**) and the last instructional day cannot be cheer performance or skill based and only the current cheer team may be involved. Fundraising in **county approved 3 week window** is permitted.
- D) Restriction on Competition--In order to qualify for any competitions, cheerleading teams of member schools must have participated in the most recently conducted regional cheer competition (high school teams only). **Failure to compete in the most recently conducted regional cheer competition will result in restriction of competition in any other competition for 365 days.**
- E) State Basketball Tournament Regulations - Cheer teams whose basketball teams are involved in state tournament play should refer to regulations outlined in the WVSSAC Cheer Manual.
- F) No stunting is allowed during foul shots in basketball.  
No stunting is allowed during play or warm-ups.  
No standing behind free throw lane extended.
- G) Basketball Cheering Regulation - When cheering at basketball contests, the cheer team is not allowed to enter the court during a thirty (30) second time out.
- H) Inappropriate behavior or poor sportsmanship exhibited by cheer teams or coaches during regular season or competition is never acceptable.

- I) Cheerleading teams may participate only in competitions which are **SANCTIONED** by the WVSSAC. **Only WV certified judges may be used. A minimum of one safety judge is required. Refer to WVSSAC website for further information.**

- J) Requirements for Choreographers –

All new choreographers must attend one of the scheduled four hour judges' clinics **before working with any school team**. Those who have already attended one of the clinics in the past must attend the first 2 hours of one of the scheduled 4 hour judges' clinics annually.

All choreographers must also register and successfully complete a background check through the WVSSAC office prior to working with any school team. The cost of the background check is \$10. For more information, please contact the WVSSAC office at 304-485-5494.

- K) During the cheer season, each school is allowed five outside assistance days for any assistance that is provided to teams by someone other than the contracted coach. Any or all part of a day used for outside assistance shall count as one full day. Cheer coaches within the same county feeder program may assist each other on these five days as long as no compensation is given for the assistance. Teams advancing to the state tournament may request one additional outside assistance day from the WVSSAC office.
- L) By principal permission, cheer coaches may participate in cheer activities with students during county approved 3 week window and principal approved 6 flex days.
- M) All middle and high school cheer coaches must submit all required forms by deadline. Failure to do this will result in a \$50.00 fine per form.
- N) **Basket Tosses** performed on any surface are **illegal** for all cheer squads in WV.
- O) Handheld signs are allowed if held by a team member with both feet on the floor. The sign may be handed to a top person; however the sign must be handed back to a cheerleader who is not a base or spotter and has both feet on the floor before any dismounts occur.
- P) Casts - Casts that are not removable are not permitted during tumbling and stunting.
- Q) Cheer teams are **NOT** permitted to participate in hand shake line with teams. They may shake hands with other cheer teams.

## II. RULES AND REGULATION - UNIFORMS

- A. When standing at attention, apparel must cover the midriff, both front and back. Sheer material is not permitted on the torso.
- B. Shoulder cutouts are permitted and one front cutout as long as it is above the legal neckline. Necklines can be V-neck, scoop, or square.
- C. Modified racer backs are permitted
- D. Skirts must fully cover the hips and fall at least 2" below the required boy cut brief to be worn underneath.
- E. Skorts may be worn and must have a minimum inseam of 3".
- F. Shorts with a minimum inseam of 3" are allowed as part of the uniform for non-game day events and activities. Shorts are not to be worn as part of the uniform except for special circumstances. Requests for special circumstances must be made to Cindy Daniel at the WVSSAC office for approval.
- G. Pants/warm ups are allowed as part of the uniform for travel, inclement weather, etc. Stunting is not permitted in loose fitting warmups.



- H. Hats, body paint, face paint, and facial stickers are not permitted during competition. Stickers and face paint may be worn during regular season. Body glitter, shimmer, or dust that does not adhere to the body is not permitted, as well as attached eyelashes.
- I. No jewelry is permitted at any time, including body piercing jewelry
- J. Sequins, glitter, beads, rhinestones, etc. must be flat and heat pressed into the fabric. This applies to all parts of the uniform
- K. Hair Regulations - All members of the cheer team must have hair off the shoulders and away from the face regardless if he/she is a base, top person, or spotter. It is considered unsafe for any team member to have their hair in their eyes or their natural hair in a ponytail or braid hanging below the natural bra line. Hair pieces and/or hair extensions may not hang below the nape of the neck.
- L. Hair devices which are safe and reasonably secure may be worn. Refer to NFHS Rule 2.5 Cheer Manual pages 13 & 15.

- a) Safety and readiness, importance of the spotter.
- b) Conditioning
- c) Basics [i.e. arm motions, jumps, partner stunts (shoulder height and below)]

- C) Any member of a freshman team in a four year high school that participates on a junior varsity or varsity team is ineligible to return to the freshman team.

**III. RULES AND REGULATIONS - OTHER**

- A) Cheer coaches are reminded that all WVSSAC rules and regulations apply to the sport of cheerleading. Violators of rules and regulations will be assessed appropriate penalties. It is the coach's responsibility to be knowledgeable of the rules and to ensure that all members of the cheer program adhere to the rules and determine readiness to perform all stunts.
- B) Participation at games/contests is limited to a school's spirit team. All mascots must be enrolled in the school and meet all eligibility rules for participation.
- C) Tumbling and dance classes must be voluntary on the part of each cheerleader. Tumbling and dance class(es) must not be required for the purpose of tryouts OR participation on a school cheer squad unless it is part of one of your 5 dates of outside assistance.
- D) During the school year and while a member of a **middle or high school team**, a student shall neither participate on any formally organized non-school team in the same sport, nor shall the student compete as an individual unattached in non-school formally organized competition in the same sport. Participation includes practice, fundraising, team pictures, etc. This rule has nothing to do with whether your team competes in competitions. The release date for high school cheer is the elimination from regional tournament or the state tournament. The release date for middle school is the completion of the county or conference cheer championship. At this time, they may participate provided:
  - 1) participation is approved by the student's principal.
  - 2) the student misses no school-sponsored activity
- E. All music used must meet copyright requirements. In order to edit and mix music a license from the copyright owner must be obtained. For a list of authorized providers go to [www.usacheer.net/music](http://www.usacheer.net/music).

**V. COMPETITIONS (REGIONAL AND STATE)**

ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms/reports that must be filed with the WVSSAC office can be found with the instructions for each sport.

To be eligible to participate in regional and state cheer competition, each member of the team must have participated in a minimum of 70% of the team activities from 1st day of the season through regional and state competition. This includes all activities of the team (i.e. cheering as a support group at other sport contests, fund raisers, practices, cheer competitions/invitationals, pep rallies, clinics, camps, etc.). It will be the coach's responsibility to verify that each member has complied with the 70% regulation. The 70% rule is not intended to penalize cheerleaders who have not been able to actively participate due to injury verified by a physician or grades.

- A) **FORMAT** - The competition format will include a 30-40 second technical and a 2 minute 30 second open routine. The technical portion will make up 30% of the total score and will be scored at end of technical portion.

**For specific information and rules regarding the technical and open portions, please refer to the Cheer Manual.**

- B) Dance moves that involve repetitive pelvic thrusts, during cheer performance and competition are prohibited. - 20 point deduction.
- C) Failure of a school to have a coach in attendance at the regional or state competition shall result in the school's disqualification.
- D) The following forms are due to the WVSSAC office no later than **October 7<sup>th</sup>** :
  - 1) **Regional Entry Form C-4,**
  - 2) **Music Warranty Form C-5,** and
  - 3) **Written Narrative C2 A & B including your Technical Words** for regional competition. (Also must be sent to Kelly Stewart - [kellysstewart68@gmail.com](mailto:kellysstewart68@gmail.com))

(All forms can be found on the WVSSAC website)

- E) A maximum of thirteen (13) team members will be allowed to participate in regional and state competition. Alternates must be listed on eligibility certificates. Any cheerleader arriving after the official start of judging of the team will not be allowed to participate.
- F) No team may come onto the floor prior to the team announcement. No gymnastics upon entering or exiting floor at the end of the routine. The team needs to exit the performing floor immediately. Celebration is prohibited. Once the competition has begun, no coach, fans, parents, etc., are allowed on the floor with the exception of the coach in cases of injury. It is the regional tournament director's responsibility to enforce these regulations at the tournament. During the awards presentation, the team and coach may enter the floor to accept the awards and members must be legally attired (no balloons, flowers, stuffed animals, etc.). In the interest of safety, parents, fans, etc., are not to enter the floor.
- G) For the technical to indicate the beginning of the time, one team member will raise the right arm fully extended. The arm must drop forward immediately and the time will begin. No motions, words,

**IV. MIDDLE SCHOOL SCHOOL RULES AND SAFETY REGULATIONS**

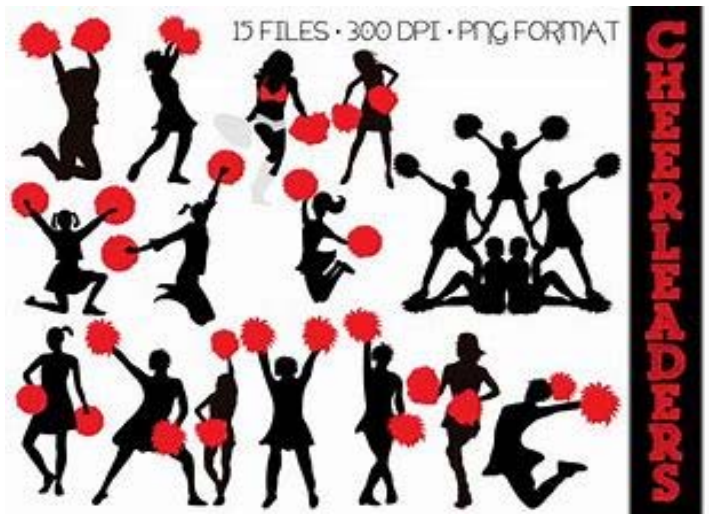
<b>Middle School Dates:</b>		
<b>Season Starts</b>	<b>Mon. of Wk. 6</b>	<b>August 12</b>
<b>Season Ends</b>		<b>February 29</b>
<b>Cheer Injury Survey Due - Middle School</b>		<b>March 4 (Wed)</b>

For middle school open/invitational competitions, the use of the Cheer Outline is mandatory if the event is an in-state WVSSAC sanctioned event. Outlines should be submitted to head safety judge prior to competition.

- A) Competitions - Schools or organizations hosting or participating in cheer competitions should refer to the regulations in the WVSSAC Cheer Manual. **WV certified judges must be used.**
- B) Middle school spirit team coaches shall emphasize:



- actions, etc., may begin before this time. This includes such actions as salutes or stomps, etc. For the open to indicate the beginning of time, the right arm is to be fully extended and remain so until first word, motion or music.
- H) Time STOPS when ALL cheerleaders have returned to the cheer surface and words, motions, and music have stopped.
- I) No restarting of time is allowed except for a mechanical failure or an injury, as determined by head safety judge.
- J) All routine music shall be provided by the coach and a backup shall be available. **All music must meet US Copyright laws.**
- K) **In the dance portion there must be a minimum of 6 consecutive 8-counts of full team dance in order to earn any of the possible points.**
- L) In tabulating the score for the routine, the highest and lowest score will be averaged and then added to the remaining scores, and **two qualifiers from each class will advance to the state competition.**
- M) **Tie Breaking procedures for regional and state competition.** The scores of the **Technical** portion of the routine will be used as the first tie breaker. If necessary to advance beyond this category, the **Overall Appeal** scores will be used as the second tie breaker. The **Overall Effect** scores will be used as the third tie breaker. In all 3 cases, the scores of all judges will be totaled in the breaking procedure.
- N) Please refer to website for tournament draw.
- O) The regional and state competition performance order will be AAA, A, AA.
- P) Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.
- Q) **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.



## VI. JUDGES AND GUIDELINES FOR JUDGING

- A) Judges for regional and state competition will be assigned by the WVSSAC. Five (5) judges and safety judge with two (2) assistants.
- B) In all cheer competitions, only WV certified judges may be used. List of judges is available by request from WVSSAC office.
- C) Refer to [WVSSAC Cheer Manual](#) for additional information, rules and regulations.
- D) Required New Judges Training and New Choreographer Training:  
 Saturday August 3 1:00 - 5:00 pm WVSSAC office  
 Sunday August 10 1:00 - 5:00 pm East Fairmont HS  
 Training is required for anyone wanting to become a judge in West Virginia. This class may also be used to recertify as a judge.
- E) If you were certified to judge the previous year and you wish to be eligible to judge regional or state competitions, you must attend the first 2 hour judging clinics of the 4 hour judges clinic.



### 2018-2019 State Cheerleading Champions

**Class AAA**  
**Wheeling Park High School**

**Class AA**  
**Winfield High School**

**Class A**  
**Tug Valley High School**



**CHEERLEADING REGIONAL ALIGNMENT**

**Cheer coaches are to notify the WVSSAC no later than October 3, if the team chooses not to participate in the regional cheer competition. Cheer coaches must submit a letter signed by the school principal verifying that the team chooses not to participate. Coaches are reminded to review the restrictions regarding non-participation.**

In each region, schools are listed by order of performance. The order of performance for regional competition can also be accessed on the WVSSAC website. Should a team choose not to participate, the order will remain with all schools moving forward in order.

**CLASS AAA**

**Region I**

Site: East Fairmont High School  
 Director: James Beckman, AD, East Fairmont  
 Date: November 9 10:00 am  
 Brooke, University, John Marshall, Morgantown, Preston, Wheeling Park, Buckhannon-Upshur

**Region II**

Site: Spring Mills High School  
 Director: Dan Comer, AD, Spring Mills  
 Date: November 9 10:00 am  
 Washington, Hampshire, Martinsburg, Musselman, Spring Mills, Hedgesville, Jefferson

**Region III**

Site: South Charleston Community Center  
 Director: Heather Enoch  
 Date: November 9 10:00 am  
 Capital, George Washington, Greenbrier East, South Charleston, Princeton, Woodrow Wilson, St. Albans, Riverside

**Region IV**

Site: Cabell Midland High School  
 Director: Chris Parsons, AD, Cabell Midland HS  
 Date: November 9 10:00 am  
 Parkersburg, Parkersburg South, Huntington, Cabell Midland, Ripley, Spring Valley, Hurricane

**CLASS AA**

**Region I**

Site: East Fairmont High School  
 Director: James Beckman, AD, East Fairmont  
 Date: November 9 6:00 pm  
 Weir, East Fairmont, Philip Barbour, Berkeley Springs, North Marion, Petersburg, Oak Glen, Fairmont Sr. Frankfort, Grafton, Keyser

**Region II**

Site: Spring Mills High School  
 Director: Dan Comer, AD, Spring Mills  
 Date: November 9 6:00 pm  
 Liberty (H), Bridgeport, Nicholas County, Robert C Byrd, Roane, Elkins, Lewis, Clay, Herbert Hoover, Lincoln, Braxton

**Region III**

Site: South Charleston Community Center  
 Director: Heather Enoch  
 Date: November 9 6:00 pm  
 Shady Spring, Independence, Liberty (R), PikeView, Westside, Riverview, Man, Wyoming East, James Monroe, Bluefield, Oak Hill

**Region IV**

Site: Cabell Midland High School  
 Director: Chris Parsons, AD, Cabell Midland HS  
 Date: November 9 6:00 pm  
 Mingo Central, Pt. Pleasant, Chapmanville, Winfield, Nitro, Wayne, Scott, Sissonville, Logan, Poca. Lincoln County

**CLASS A**

**Region I**

Site: East Fairmont High School  
 Director: James Beckman, AD, East Fairmont  
 Date: November 9 2:00 pm  
 Wheeling Central, Valley, St. Marys, Magnolia, Tyler, Madonna, Paden City, Ritchie County, Cameron, Hundred

**Region II**

Site: Spring Mills High School  
 Director: Dan Comer, AD, Spring Mills  
 Date: November 9 2:00 pm  
 Tygarts Valley, Doddridge, Union, Trinity, South Harrison, Pendleton, Moorefield, Notre Dame, East Hardy, Harman, Clay Battelle, Gilmer, Tucker County, Paw Paw

**Region III**

Site: South Charleston Community Center  
 Director: Heather Enoch  
 Date: November 9 2:00 pm  
 Webster, Charleston Catholic, Greater Beckley, Mt. View, Meadow Bridge, Pocahontas County, Greenbrier West, Summers County, Richwood, Montcalm, Midland Trail.

**Region IV**

Site: Cabell Midland High School  
 Director: Chris Parsons, AD, Cabell Midland HS  
 Date: November 9 2:00 pm  
 Van, Williamstown, Buffalo, Hannan, Wirt County, Parkersburg Catholic, Calhoun, Ravenswood, Sherman, Tug Valley, St. Joseph Central, Tolsia, Wahama

**STATE TOURNAMENT INFORMATION**

**DATE:** Saturday, December 14 10:00 AM  
 Friday, December 13 - Team Practice Starts at 2:00 PM  
 Coaches' Meeting 6:30 PM

**SITE:** Marshall University, Cam Henderson Center

**TOURNAMENT DIRECTOR:** Heather Enoch

**TICKET PRICE:** Adult - \$8.00 Student - \$7.00

**State Order of Performance 2019-20**

AAA	A	AA
Region 2 Winner	Region 2 Winner	Region 2 Winner
Region 4 Winner	Region 4 Winner	Region 4 Winner
Region 1 Winner	Region 1 Winner	Region 1 Winner
Region 4 Runner-up	Region 4 Runner-up	Region 4 Runner-up
Region 1 Runner-up	Region 1 Runner-up	Region 1 Runner-up
Region 2 Runner-up	Region 2 Runner-up	Region 2 Runner-up
Region 3 Runner-up	Region 3 Runner-up	Region 3 Runner-up
Region 3 Winner	Region 3 Winner	Region 3 Winner



## 2019-20 Spirit Rules Changes

1-Definitions: Dive Roll – An airborne forward roll where the feet of the performer are at or above the performer's waist prior to the hands making contact with the performing surface.

1-Definitions: Switch Up Liberty – A top person starts with one foot in a load, is tossed A stunt in which a top person starts with one foot on the ground, is released, and lands in a Liberty on the other foot vertical stunt on one foot or both feet.

2-1-5: ART. 5 . . . Performing surfaces and areas must be suitable for spirit activities.

a. Surfaces and areas must be reasonably free from objects and/or impediments. b. Stunts and tumbling must be modified to be appropriate for the surface and/or area and in relation to other participants. c. When discarding props that are made of hard material, or have corners or sharp edges, team members must gently toss or place the props. c. When using props that are made of hard material or have sharp corners or edges: 1. A top person may not release the props to the ground. 2. A person on the ground must gently toss or place the props.

3-1-8: ART. 8 . . . Supports, braces, soft casts, etc., that are unaltered from the manufacturer's original design/production do not require any additional padding. Supports/braces that have been altered from the manufacturer's original design/production must be padded with a closed-cell, slow-recovery foam padding no less than one-half-inch thick if the participant is involved in partner stunts, pyramids or tosses. A participant wearing a plaster cast or a walking boot must not be involved in partner stunts, pyramids, or tosses, jumps, or tumbling.

3-2-7; 4-2-7: (P) ART. 7 . . . A spotter is required for extended stunts or transitions that stop in an extended position except for the following: a. Chair. b. Russian lift. c. Torch c. d. Double-base split catch. d. e. Double-base vertical T-lift.e. f. Triple-base stunts in which the top person is horizontal. f. g. Triple-base suspended splits. g. h. Triple-base straddle sit. provided the top person has both hands in contact with a post.

3-2-8; 4-2-8: (P) ART. 8 . . . A spotter is required for tosses to single-base shoulder stands and single-base prep-level stunts in which the foot/feet of the top person are in the hands of the base and tosses to single-base shoulder stands.

3-3-3: (P) ART. 3 . . . Braced inversions in a pyramid that do not flip or roll are permitted provided the following conditions are met: a. The inverted top person shall have at least two bases or a base and a spotter. b. If the inverted top person is released the following conditions shall be met: 1. The skills/stunts before and after the release are permitted. 2. Each bracer is at prep level or below. If in a prep or shoulder stand, the bracer(s) shall have two bases or a base and a spotter. 3. The bracers do not provide primary support for the top person. 4. The top person and base(s) make no more than a ¼ turn around the bracer in a continuous movement. 5. The top person is caught by original base(s). When the catchers are not the original bases, the new catchers are in place when the transition is initiated, remain close to the original bases and are not part of any other skill. 6. The top person does not land in an inverted position. c. The top person must maintain hand-to-hand/arm contact with a bracer and at least one bracer maintains hand-to-hand/arm contact.

3-3-5: (P) ART. 5 . . . Braced flips in a pyramid are permitted provided all the following conditions are met: a. The top person maintains continuous hand-to-hand/arm contact with two bracers who are in multi-base preps with a spotter. Each arm is connected to/by a separate bracer. The top person is not behind the bracers. Both of the top person's hands/arms are in continuous contact with a bracer. b. Each bracer must be in a multi-base prep with a spotter. c. The top person must be to the side of or in front of the bracer(s). Reletter remaining f. The bases/catchers remain stationary except as necessary for safety adjustments.

3-3-6; 4-3-6: (P) ART. 6 . . . In all other inversions: a. Inversions may release to the following provided there is a spotter: 1. Non-inverted dismounts with no more than a ½ turn. 2. Loading position with no more than ½ turn. 3. A stunt at prep level or below any level with no twists. b. In inversions where the base of support begins and remains below prep level, at least one person shall maintain contact with the top person until the top person is no longer inverted or his/her hands are on the performing surface.c. In inversions where the base of support begins at or passes through prep level: 1. At least two people on the performing surface shall be in a position to protect the head/neck of the top person., one of whom must maintain contact with the top person's upper body (waist and above, which may include arms/hands) until the top person is no longer inverted or his/her hands are on the performing surface. The contact must be sufficient to stabilize/control the top person's position. 2. Contact must be maintained between at least one base and the top person's upper body, (waist and above, which may include arms/hands) until the top person is no longer inverted or their hands are on the performing surface. The contact must be sufficient to stabilize/control the top person's position.

EXCEPTION: A foldover that begins at or below prep level and does not stop in an extended position is allowed. When the catchers are not the original bases, the new catchers shall be in place when the inversion is initiated, remain close to the original bases and are not part of any other skill.

Reletter current 2 and 3

3-3-7; 4-3-7: ART. 7 . . . An inverted top person must not hold objects (poms, signs, etc.) in his/her hands, except during a transition from an inverted position on the performing surface to a non-inverted stunt or from a prone position below prep level to a forward roll dismount.

3-4-4: (P) ART. 7 . . . A top person may be moved from a vertical position to a horizontal position (straight body) or cradle position provided all the following conditions are met:

a. The top person maintains contact with at least one original base, post or spotter. b. At least two catchers and/or bases catch the upper body of the top person. c. The catchers must be to the side or front of the person(s) moving the top person. d. c. When the catchers are not the original bases, they remain close to the original bases and are in place prior to the movement to the horizontal position. e. d. When the catchers are not the original bases and the top person begins or passes through an extended overhead position, there are three catchers.

Delete 3-4-8, 3-4-9, 4-4-9, 4-4-10

3-4-12; 4-4-5: (P) ART. 12 . . . A flip from the performing surface that lands in a partner stunt or cradle is not permitted.

3-5-4: (P) ART. 4 . . . A switch liberty caught by the original bases is permitted as an exception to Articles 3-5-2 and 3-5-3.

3-5-5: (P) ART. 5 . . . Release transitions are permitted provided all of the following conditions are met throughout the transition: a. The skills/stunts before and after the release are permitted.b. The top person maintains hand-to-hand/arm contact with at least one bracer and at least one bracer maintains hand-to-hand/arm contact except for the following skills, in which the top person may not change bases:

1. A non-braced top person in a vertical position at prep level or above may be released to a stunt at any level provided the top person remains vertical in a position where the upper body remains vertical and the legs are not in a seated/piked position. Vertical releases from an extended position to an extended position may not perform more than a ¼ twist. 2. A non-braced top person in a cradle position or horizontal position at prep level or below may be released to a loading position or stunt prep level or below. c. Each bracer is at prep level or below. If in a prep or shoulder stand, the bracer(s) shall have two bases or a base and a spotter. d. The bracers do not provide primary support for the top person. e. The released top person and base(s) make no more than a ¼ turn around the bracer in a continuous movement in which the top person remains vertical over the base(s). f. When the catchers are not the original bases, the new catchers are in place when the transition is initiated, remain close to the original bases and are not part of any other skill. 3-6-2; 4-6-2: (P) ART. 2 . . . Non-braced suspended splits that originate from or pass through prep level or above are permitted provided all the following conditions are met: b. The top person has both hands in contact with a base(s) once she reaches the full split position.

EXCEPTION: Top person may release one hand to grasp the hand of another base, post, or bracer to adjust his/her position.

3-6-3; 4-6-3: (P) ART. 3 . . . Braced suspended splits are permitted provided all the following conditions are met: a. The top person has at least two bases. b. The top person has both hands in contact with the bracer(s) and at least one bracer maintains continuous hand-to-hand/arm contact. c. The top person and bracer(s) each have a separate spotter with the exception of bracers in shoulder sits or thigh stands. d. The bracer(s) maintain hand/arm contact with the top person until he/she is no longer in a split position.

3-7-9: ART. 9 . . . In cradle dismounts where a bracer is involved after the bases release the top person, all the following conditions must be met: c. Each top person and bracer has a separate spotter with the exception of bracers in double based preps, shoulder sits or thigh stands. d. The bracers do not provide primary support for the top person and remain in place during the dismount. e. The release is a continuous vertical up-and-down movement in which the top person remains over the original base(s). The top person makes no more ¼ around the bracer in a continuous movement. f. When the top person is not released to new catchers, the catchers must be in place prior to the initiation of the release and are not part of any other skill. g. Bases and remain in place during the dismount.

4-3-3: (P) ART. 3 . . . Braced inversions in a pyramid that do not flip or roll are permitted provided the following conditions are met: c. The top person must maintain head-to-hand/arm contact with a bracer. c. The top person and at least one bracer maintain a hand-to-hand/arm contact.

4-4-3: (P) ART. 3 . . . A participant must not move over or be under a partner stunt or pyramid except when helping build, stabilize or dismount that partner stunt or pyramid.Partner stunts and pyramids may not pass over, under or through other partner stunts or pyramids.

4-4-4: (P) ART. 4 . . . A top person may be moved from a vertical position to a horizontal or cradle position provided all the following conditions are met: d. The catchers are to the side or front of the person(s) moving the top person. d. e. When the catchers are not the original bases, they remain close to the original bases and are in place prior to the movement to the horizontal position.

4-5-3: (P) ART. 3 . . . Non-braced release stunts and transitions are permitted: a. The top person must begin and end at prep level or below. The top person may begin and end in a vertical or horizontal position or a cradle.

## Additional WV Rule Modifications

- **Bracer NF Definition WV Modification** - A top person who stabilizes and/or assists another top person and must not be higher than prep level.
  - **Flatback Definition WV Modification** - a stunt in which a top person is in a face- up, horizontal position with hips and shoulders in alignment.
  - **Sponge Definition WV Modification** - The base(s) absorb(s) a top person's downward momentum to push/lift the top person into position for the next stunt/skill.
  - **Swan Dive Definition WV Modification** - A top person released from a stunt by base(s) and is caught in a prone position. **This includes cradles and cradles on the stomach and side.** WV Modification-Illegal.
  - **Headspin NF Definition WV Modification** - A skill in which a person balances on his or her head while rotating on the performing surface. WV Modification - Illegal.
  - **Headspring NF Definition WV Modification** - A tumbling skill in which a person places both hands and his or her head on the performing surface, pushes off with hands while flipping the legs overhead and landing on his or her feet. WV Modification - Illegal.
  - **Headstand NF Definition WV Modification** - A skill in which a person balances on his or her head on the performing surface. WV Modification - Illegal.
  - **Release Transition/Release Pyramid Transition NF Definition WV Modification**- A top person changes from one stunt to another (including loading position) during a temporary loss of physical contact with all personnel on the performing surface, **Refer to NF 3-4.4**
  - **NF 3-2-1(b) WV Modification** - A base must not hold objects or props.
  - **NF 3-2-5 Spotting WV Modification**-In stunts that require a spotter, the spotter must be a hands on spotter. (see D. Spotting pages 12 and 13)
  - **NF 3-2-7 WV Modification**-the spotter is required for all extended stunts and transitions that pass through the extended level.
  - **NF 3-3-3(a) WV Modification**- If the top person is released from the bases, the bracer(s) must have two bases.
  - **NF 3-3-4(b) WV Modification**-The bracer(s) have two bases and a spotter. **Exception:** braced foldover.
  - **NF 3-3-5 WV Modification**-In braced pyramid flips, the bracers may only brace a one top person who is flipping.
  - **NF 3-3-6 WV Modification** - Suspended rolls may not be performed over a post, base or spotter. **Suspended rolls or Chorus line flips may not be initiated from the back or another participant. Suspended rolls or Chorus line flips may not land in a seatdrop.**
  - **NF 3-3-6B - WV Modification** - participants may only perform one cartwheel on the performing surface (no double cartwheels allowed)
  - **NF 3-3-6B WV Modification** - Top person feet performing the straddle roll must be at knee level before the roll is initiated.
- WV MODIFICATION for FORWARD SUSPENDED ROLL:**
- Forward suspended rolls may only be performed as dismounts to the performing surface or cradle.
  - 2 bases or 2 posts must control the top person in a forward suspended roll with continuous hand-to-hand contact.
  - Bases/posts must have supporting arms extended prior to and during the initiation of the forward roll.
  - Top person must not invert prior to the initiation of the forward roll.
  - Forward suspended roll must be initiated from the prep position only.
  - During the roll, the feet of the top person must be released.
  - **NF 3-3-7 WV Modification** - An inverted top person shall not hold any objects.
  - **NF 3-4-2 WV Modification** - A participant may not move under or be under a partner stunt or pyramid. **No exceptions.**
  - **NF 3-4-3 WV Modification** - **In braced stunts and pyramids that do not flip, at least one bracer must be at shoulder height or below. One extended stunt may not brace or connect with another extended stunt.** [Exceptions: 1. The following extended stunts may brace any other extended stunt, except during release transitions (Chair, Multi- based flatback, Multi-based straddle lift), 2. Double-based extensions may only brace other double-based extensions.
  - **NF 3-4-9 WV Modification** - "Up & Overs" must have a continuous hands-on back spotter if/when the top person passes through the extended level.
  - **NF3-5-3 WV Modification** - **Basket Tosses** performed on any surface are **illegal** for all cheer squads in WV. Any toss from a stunt below prep level is considered a basket toss.
  - **NF 3-5-5(c) WV Modification-Exception:** Flap Jack and like stunts must have double based preps with a spotter as bracers.
  - **NF 3-8-2 WV Modification**- Tumbling while holding props is not permitted **NO Exceptions.**
  - **NF 3-8-6 Airborne Twisting Tumbling Skills WV Modification** - With the exception of aials, cartwheels and round-offs, all are illegal in WV on any surface.
  - **3-8-8 WV Modification**-Headstands, headsprings and headspins in which the hands are used or not used will be illegal for all cheer squads in WV.
  - **NF 3-9-1 Knee Drops WV Modification** - **Drops that go directly to the thighs, splits, knees, or seat on the performing surface are illegal unless most of the weight is first borne on the hands.**
  - ***It is highly recommended*** that any stunt that may be questionable as to legality OR any stunt to which a creative element has been added, be videoed and emailed to Kelly Stewart at [kellysstewart68@gmail.com](mailto:kellysstewart68@gmail.com) for an interpretation. **Do this prior to its practice or performance.**



# 2019 Cross Country Program



**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.** The necessary forms for reports that **must** be filed with the WVSSAC office can be found with the instructions for each sport.

The Board of Directors and Cross Country Committee reviewed the cross country program in the August Interscholastic and approved the following:

## 2019 Cross Country Dates:

<b>Maximum Team Meets</b>	<b>16</b>	
<b>Season Starts:</b>	<b>Mon. of Wk. 5</b>	<b>August 5</b>
<b>1st Contest May Be Held</b>	<b>Sat. of Wk. 7</b>	<b>August 24</b>
<b>Regional</b>	<b>Week 16</b>	<b>October 24-26</b>
<b>State</b>	<b>Week 17</b>	<b>November 2</b>

## I. GENERAL INFORMATION:

- The course for all races will be 5,000 meters. The only exception would be due to limitation of the course.
- Team members must have 14 practices on 14 separate days before the first meet. If a team member is participating in a second fall sport, they must have at least seven days of practice for that sport. (See Rule 127-2-13)
- All Cross Country meets must be scored according to National Federation Rule 9, Section 2, Articles 1-6, of the 2018 Track and Field and Cross Country Rules Book.
- No student should be permitted to participate in the program until he/she has provided the school with a Physical Examination Form properly filled out by a competent physician and signed by parent.
- It is recommended that the host school for the regional make the course available during the regular season to enable participating schools the opportunity to compete on the course.
- All ATV riders should wear helmets. No passengers are allowed.
- Recommended that all regular season meets follow the running order of State Meet.

## II. RULES AND REGULATIONS:

- A team shall consist of at least five but no more than seven runners. For a team to count in any meet, at least five members must finish the event.
- During the regular season, it is optional for a team with four (4) runners to factor in the score of the last place runner for the team to count that event. The meet director should be informed prior to the start of the meet.
- A school must have competed in no fewer than five regularly scheduled interscholastic meets in order to enter the Regional and State meets.
- Uniforms:** Coaches are responsible for their participants complying to the National Federation Cross Country rules governing competitors uniforms.
  - The waistband of a competitor's shorts shall be worn above the hips.
  - Participants are forbidden from wearing sunglasses and caps. Hair pins made of soft material or rubber bands may be worn in the hair.

- Participants may not have an object such as a straw, pencil, or other objects in or about the mouth.
- Gloves may be worn during the season.
- Runners may wear a wristwatch or **chronograph** (no hand held stopwatch allowed).

**Penalty: For illegal uniform, the competitor is disqualified from the event.**

- Since cross country is not included in the Limited Team Membership Rule, students participating in any running event as an individual while a member of his/her school team may accept a medal, trophy, cup, certificate, ribbon, plaque, unattached letter, unattached chevron or any similar award.
- Coach:** No team or individual will be allowed to compete in any meet unless accompanied by a coach or professional faculty representative. Teams and individual entries unaccompanied by such coach or professional faculty representative will be disqualified.
- Consideration for medical transportation should occur at all meets.**
- Wireless communication between coaches is prohibited.**
- No athlete is permitted to run in a meet until all practice requirements are met.**
- There will be no junior varsity competition at Regional meets.**
- Eligibility forms will not be sent to Regional Directors; however, entry forms must be sent.**

## III. TOURNAMENTS:

### A. Points of Emphasis:

- Official Party  
Team Qualifying - 10 Including Board approved Coach  
Individual(s) Qualifying and Coach  
All others will be expected to pay admission price.
- ATTENTION REGIONAL DIRECTORS:** Email a Hytek back-up copy of regional meet results to [Marshall Cavender at mcavender@mail.kana.k12.wv.us](mailto:mcavender@mail.kana.k12.wv.us) **Regional meets must use Hytek Scoring Program.**
- Team or Individual Pages for the Championship Program must be received in the WVSSAC office by noon, **October 22, 2019.**
- Regional Director will hire a WVSSAC registered track official or appoint a games committee to resolve disputes should they occur.**
- Hy-Tek scoring system will be used at all Regional meets. It will be provided by the WVSSAC.**
- All Regional meets will enter through [www.RaceTimeEntry.com](http://www.RaceTimeEntry.com)**
- At regional meets, there shall be a 45 minute between start of first race and start of second in accordance with the state meet.**

### B. Regional Meets - October 24, 2019

A starting device shall be fired during all regional meets. In case of malfunction, a back-up starting device may be used, i.e., whistle, bullhorn, or flag.

**AAA****Region I**

Location: University High School  
 Director: Jeff Bailey, AD  
 University High School  
 131 Bakers Ridge Road, Morgantown, WV 26508  
 Date: October 24, 2019  
 Schools: Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

**Region II**

Location: Hampshire High School  
 Director: Trey Stewart, AD  
 Hampshire HS  
 157 Trojan Way, Romney, WV 26757  
 Date: October 24, 2019  
 Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington

**Region III**

Location: Woodrow Wilson High School  
 Director: JT Payne, AD  
 Woodrow Wilson High School  
 400 Stanaford Road, Beckley, WV 25801  
 Date: October 24, 2019  
 Schools: Capital, George Washington, Greenbrier East, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

**Region IV**

Location: Ripley High School  
 Director: Steve Lough, AD  
 Ripley High School  
 2 School Street, Ripley, WV 25271  
 Date: October 24, 2019  
 Schools: Cabell Midland, Huntington, Hurricane, Parkersburg, Parkersburg South, Ripley, Spring Valley

**AA / A****Region I**

Location: Grafton High School  
 Director: Rich Bord, AD  
 Grafton High School  
 400 Yates Avenue, Grafton, WV 26354  
 Date: October 24, 2019  
 Schools: Berkeley Springs, Cameron, East Fairmont, Fairmont Senior, Frankfort, Grafton, Hundred, Keyser, Madonna, Magnolia, North Marion, Oak Glen, Paden City, Paw Paw, Philip Barbour, Ritchie County, St. Mary's, Tyler Consolidated, Weir, Wheeling Central

**Region II**

Location: ElkinsHigh School  
 Director: Ross Ware, AD  
 Elkins High School  
 100 Kennedy Drive, Elkins, WV 26241  
 Date: October 24, 2019  
 Schools: Braxton County, Bridgeport, Clay-Battelle, Doddridge County, East Hardy, Elkins, Gilmer County, Harman, Lewis County, Liberty, Lincoln, Moorefield, Notre Dame, Pendleton County, Pickens, Roane County, Robert C Byrd, South Harrison, Trinity Christian, Tucker County, Tygarts Valley, Union, WV School for the Deaf

**Region III**

Location: Westside High School  
 Director: Darren Thomas, AD  
 Westside High School  
 HC 65 Box 275, Clear Fork, WV 24822  
 Date: October 24, 2019  
 Schools: Bluefield, Charleston Catholic, Clay County, Fayetteville, Greater Beckley Christian, Greenbrier West, Herbert Hoover, Independence, James Monroe, Liberty (R), Mount View, Nicholas County, Oak Hill, Pike View, Pocahontas County, Richwood, River View, Shady Spring, Summers County, Webster County, Westside, Wyoming East

**Region IV**

Location: Ripley High School  
 Director: Steve Lough, AD  
 Ripley High School  
 2 School Street, Ripley, WV 25271  
 Date: October 24, 2019  
 Schools: Buffalo, Calhoun County, Chapmanville Regional, Lincoln County, Logan, Mingo Central, Parkersburg Catholic, Point Pleasant, Nitro, Poca, Ravenswood, Scott, Sherman, Sissonville, St. Joseph, Tolsia, Van, Wayne, Williamstown, Winfield, Wirt County

**REMINDER:** Separate races must be run for boys and girls.

**C. State Meet - November 2, 2019**

1. The 2019 site will be Cabell Midland High School. The Director will be Steve Caldwell. Invitational Meet State Site - August 31, 2019 - [www.midlandrunning.com](http://www.midlandrunning.com)
2. It is recommended that the host site of the state meet will make the course available for schools.
3. The coaches' meeting at the State Meet must be completed a minimum of thirty minutes prior to starting time. Meeting time





will be AAA - 9:00 am AA-A-12:15 pm

4. **2019 Meet Time (Two Classes)**
  - 10:00 am – Girls AAA
  - 10:45 am – Boys AAA
  - 11:45 am – Awards
  - 1:00 pm – Girls AA/A
  - 1:45 pm – Boys AA/A
  - 2:45 pm – Awards
5. The finish line at all State Cross Country Meets will be video taped for order of finish only.
6. Practice, touring, walking the State Meet site will be Friday, 1:30 p.m. until 6:30 p.m. However, don't plan to enter school grounds from 2:45-3:20 p.m. because of traffic letting out from school. Plan arrival time around this time. On Saturday from 8:00 a.m. until 9:45 a.m. Course guides will be available on Friday. No one will be permitted on the course other than the specified times.
7. Reimbursement: Check the Reimbursement Schedule Sheet located in the Entry Form Book.
8. State Qualifiers:
  - a. **Teams (Boys and Girls)**

In all classes (AAA, AA, A) regions with the following number of teams who **begin** the regional race will qualify the indicated number of teams.

    - 1-5 teams – 2 qualifier(s)
    - 6-9 teams – 3 qualifiers
    - 10 plus teams – 4 qualifiers
  - b. **Individuals (Boys and Girls)**

Each region will qualify 20% of the number of contestants that **start** the regional race to the state meet **inclusive** of those individuals that qualified as a team qualifier, with a minimum of 10 individuals qualifying from each region. Regular math rounding (.5 & up round up, below .5 round down) will apply.
9. Admission for the State Meet will be:
  - Adults — \$8.00
  - Students — \$7.00
10. It is recommended that athletes should wear school identifying clothing during Awards Ceremony.
11. **Attention Regional Directors:** All Region Directors will use the website [www.RaceTimeEntry.com](http://www.RaceTimeEntry.com) to register their Region Meet and all teams will enter their Region Meet through this site. Email a Hy-Tek back-up copy of regional results to **Marshall Cavender** at [mcavender@mail.kana.k12.wv.us](mailto:mcavender@mail.kana.k12.wv.us) by 9:00 pm on October 24<sup>th</sup>.
12. The 2019 site will be Cabell Midland High School. The Director will be Steve Caldwell. Invitational Meet State Site - August 31, 2019  
[www.midlandrunning.com](http://www.midlandrunning.com)
13. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed

on the WVSSAC website under the tab for each specific sport.

**Courtesy and Identification Cards for Principals and Assistant Principals will be accepted.**

**Awards**

The winner and runner-up teams (boys and girls) in Class AAA, AA, and A at the State Meet shall receive trophies and individual plaques provided by the WVSSAC, and individual awards will be presented to the first ten place finishers in each race. Regional team winners will receive a team plaque. Regional Directors may have the option of presenting ribbons to the top ten individuals (boys and girls).

**Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

**D. MIDDLE SCHOOL/9TH GRADE**

**CROSS COUNTRY REGULATIONS**

**2019 Middle School Cross Country Dates:**

<b>Season Starts:</b>	<b>Mon. of Wk. 5</b>	<b>August 5</b>
<b>1st Contest May Be Held</b>	<b>Sat. of Wk. 7</b>	<b>August 21</b>
<b>Season Ends</b>	<b>Tues. of Wk. 16</b>	<b>October 22</b>

1. In Middle School/9th Grade programs, it is recommended to run a course of 3K (3000) but not to exceed a maximum of 5K (5000).

**2019 MAJOR CROSS COUNTRY RULE REVISIONS**

Requests for rule interpretations or clarifications should be directed to the state association which is responsible for administering and conducting the high school track programs in your state. The NFHS will assist in answering rules questions from state associations whenever called upon.

**2018-2019**

**State Cross Country Champions**

**Class AAA - Boys**

**Cabell Midland High School**

**Class AA - Boys**

**Fairmont Sr. High School**

**Class A - Boys**

**Ritchie County High School**

**Class AAA - Girls**

**University High School**

**Class AA - Girls**

**Winfield High School**

**Class A - Girls**

**Williamstown High School**





# 2019 Football Rules Changes



**For additional football information, refer to the Football Playoff Manual on the WVSSAC website.**

**BY STATE ASSOCIATION ADOPTION, USE OF VIDEO REVIEW ALLOWED FOR STATE POST-SEASON CONTESTS [1-3-7 NOTE (NEW), TABLE 1-7 – 1-3-7 NOTE (NEW)]**

**Rationale:** By state association adoption, instant replay may only be used during state postseason contests to review decisions by the on-field game officials. This adoption would allow state associations to develop protocols for use of video replay.

**IMPROVED VISIBILITY OF NUMBERS [1-5-1c, 1-5-1c(6) (NEW)]**

**Rationale:** The purpose of numbers on jerseys is to provide clear identification of players. In order to enhance the ability to easily identify players, the committee has clarified the size requirements for jersey numbers through the 2023 season. The committee also added a new requirement that, effective in the 2024 season, jersey numbers must be a single solid color that clearly contrasts with the body color of the jersey.

**REDEFINED REQUIREMENTS FOR A LEGAL SCRIMMAGE FORMATION [2-14-1, 7-2-5a]**

**Rationale:** A legal scrimmage formation now requires at least five offensive players on their line of scrimmage with no more than four backs. This change will make it easier to identify legal and illegal offensive formations.

**PROHIBITION ON TRIPPING THE RUNNER [2-45, 9-4-3o (NEW), 9-4-3o PENALTY (NEW)]**

**Rationale:** In an effort to decrease risk, tripping the runner is now prohibited. It is now a foul to intentionally use the lower leg or foot to obstruct a runner below the knees.

**40-SECOND PLAY CLOCK [2-35-1, 3-6-1, 3-6-2a, 7-2-1]**

**Rationale:** To have a more consistent time period between downs, the rules committee approved situations where 40 seconds will be placed on the play clock. The new rule defines when 40 seconds will be placed on the play clock and when 25 seconds will be placed on the play clock.

**HORSE-COLLAR TACKLE ADDITION [9-4-3k]**

**Rationale:** Grabbing the name plate area of the jersey of the runner, directly below the back collar, and pulling the runner to the ground is now an illegal personal contact foul.

**ILLEGAL KICKING AND BATTING PENALTY REDUCED [9-7 PENALTY]**

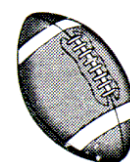
**Rationale:** The penalty for illegally kicking or batting the ball was reduced from 15 yards to 10 yards.

## 2019 EDITORIAL CHANGES

2-6-2b, 5-2-2, 5-2-4, 6-5-4, 7-2-5a, 8-5-2 EXCEPTION, 9-3-8 PENALTY, 10-4-2c EXCEPTION, 10-5-1j,

## 2019 POINTS OF EMPHASIS

Proper Procedures for Weather Delays  
 Expanded Neutral Zone as it Applies to Run or Pass Options  
 Free-Blocking Zone and Legal Blocking



## 2018-2019 State Football Champions



**Class AAA**  
 Martinsburg High School

**Class AA**  
 Fairmont Sr. High School

**Class A**  
 Wheeling Central High School

# 2019 Golf Program



**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR THE TOURNAMENT.** The necessary forms for reports that **must** be filed with the WVSSAC office can be found with the instructions for each sport.

The Board of Directors and the Golf Coaches' Committee reviewed the golf program in the August Interscholastic and approved the following:

## 2019 Golf Season Dates

**Season Starts: Mon. of Wk. 5 - August 5**

**1st Contest May be Held: Tues. of Wk. 5 - August 6**

**Regional: Mon. of Wk. 13 - September 30**

**State: Tues-Wed of Wk 14 - October 8 - 9**

## I. GENERAL INFORMATION

- A. The golf season begins on Monday of Week 5 (August 5) and an interscholastic match may be held on any day (except Sunday) thereafter. The season ends upon tournament elimination.
- B. Golf coaches shall receive a preseason mailing with information explaining how to access the online "Coaches Packet". Additionally, a current Golf Rules Book will be included in this mailing.
- C. Each school must complete the Golf Entry Form in the WVSSAC Entry Form Book and return the original to the Regional Director by **September 23**. The form may be submitted by fax, mail or email. Failure to submit by the deadline will result in a \$25.00 fine.
- D. **Coach Requirements** - Each team or individual entering season matches or the tournament series must be accompanied by the coach or a member of the professional school faculty so designated as the principal's representative. Noncompliance with this rule will result in disqualification and/or suspension.
- E. **Sportsmanship** - Student participation in athletic contests is a privilege. Each student athlete is expected to conduct himself or herself in an exemplary manner while competing. Any infractions or disqualifications of a player (individual) or team at the State Tournament must be reviewed by the Golf Committee, the Tournament Director, and the host professional.
- F. **Maximum Team Contests:** A high school golf team will be permitted to play no more than 18 varsity matches, 18 JV matches, and 18 girls JV matches. A male or female participant may play no more than a total of 18 matches exclusive of regional and state tournament contests between the varsity, JV, and girl's JV matches. Girls who participate on school teams who do not have a minimum of three female participants may participate as individuals in girls varsity matches as long as the total number of matches they play between Varsity, JV and Girls JV does not exceed 18. Each interscholastic contest counts as one, whether it is 9 or 18 holes, and regardless of number of opponents.

## II. RULES AND REGULATIONS (Coaches and Participants)

- A. Students may participate as an individual in any golf event not sponsored by their school while a member of their school team (**Rule 127-2-10 – Non-school Participation**). Any award received in school or outside participation must be consistent with West Virginia Secondary School Activities Commission **Rule 127-3-5 – Awards**.
- B. **Girls' Tees** - Females are allowed to use a forward tee area when competing on a boys' team. The women's (red) tees on courses are usually set at an appropriate distance from the men's white tee to allow for hazards and lay of the fairway to provide similar play from tee to green for both males and females. If there is not a distinction of separate tee areas, the girls' tees must be set at 85% of the distance of boys.

**NOTE:** Coaches are to prepare a document that defines a tee for each course on which competition is to be held. This is to be done by the home coach and to be shared with visiting coaches prior to competition. The intent of the committee and the Board of Directors is to encourage female interest so that there will be adequate female participation to have girls' teams and eventually a girls' state tournament.

- C. Smoking or the use of tobacco products on the course or near the clubhouse is not permitted. Violation will result in disqualification.
- D. Summer rules shall be observed in all season and tournament play.
- E. All season and tournament play will be played under USGA Rules except when WVSSAC rules prevail.
- F. **Dress Code** - All participants and coaches are expected to be in proper dress. A boy/girl must be attired in a shirt with a collar (not sleeveless, turtle and mockturtle are acceptable) and golf slacks. **NO BLUE JEANS.** NOTE: Bermuda shorts (not cut-off or frayed) are permissible. Golf shoes or ripple soles, if permitted by the course, will be worn. The tournament director will make decisions concerning questions of proper dress. Participants not properly dressed cannot participate.
- G. **No golfer may receive advice, coaching or instruction from parents, spectators or others during play. Any participant in violation of this rule will be subject to disqualification. The only exception is the head coach may coach the entire course except for putting greens and sand bunkers. This coaching rule should be in effect during regular season, regional and state tournament competition.**
- H. Teams may be made up of 4 or more individuals for regular season and 3 or 4 for Regional/State Tournament play. Regular season count the lowest 4 scores. Regional/State Tournament count the lowest 3 scores. Teams may also participate in match play competition. At least 6 regular season contests must be stroke play.
- I. **Use of cell phone (phone ringing is considered usage) is prohibited. Penalty for first offence is 2 shots. Penalty for second offence is disqualification.**
- J. **Range Finders/GPS may be used during the regular season, regional matches and the State Tournament. Golfers are encouraged to share yardage distance with golfers who do not have a range finder/GPS instrument.**

## III. TOURNAMENTS

**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.** The necessary forms or reports that must be filed with the WVSSAC office can be found with the instructions for each sport.

### A. Points of Emphasis

1. A school team shall consist of three to four players in the Regional and in the State Tournament. The best three scores will be used to determine the Regional team winners and the State Tournament winner. A school with less than three players may enter the Regional contest for medalist honors only providing those teams have participated in six (6) or more regular season contests.
2. **Failure to return a score card or unsportsmanlike conduct on the part of any player during the tournament shall cause that individual to be disqualified. That individual disqualified for any unsportsmanlike act will be ineligible for the duration of that tournament and the next two regular scheduled contests (see West Virginia Secondary School Activities Commission Rule 127-4-3).**



**The individual may not be replaced in the day or the round in which he/she was disqualified.** The above does not apply to a rule infraction causing an individual's disqualification or sickness or injury on the golf course.

3. The aggregate score of the low three team members in Regional and State shall be counted on a daily basis.
4. The coach or professional faculty member from their school designated by the principal must submit to the Director or Assistant Director one half hour before the starting time, a list of player(s) expected to participate. This time is necessary to make any changes. Any second day changes must follow the same procedure.
5. All ties for medalist shall be played off using the "sudden death" method in Regional and State Tournament play.
6. Individuals and teams entering a tournament shall be advised that they are guests of the club at which the tournament is being held and as such shall conduct themselves and represent their schools accordingly.
7. **Awards** - The West Virginia Secondary School Activities Commission will provide a plaque to the winning team in each region.  
In the State Tournament, plaques will be provided for the winning and runner-up teams. In addition, awards will go to the individual medalist and **THE 8 (PLUS TIES) ALL TOURNAMENT TEAM SELECTIONS (8 LOWEST SCORES)**.
8. Carts, pull or non-motorized, may be used at the discretion of the host golf course.

#### B. Regional Tournament

1. Each school will be assessed a **\$50.00 Regional Entry Fee** to cover the cost of the Regional Tournament. These fees must be submitted to the regional director.
2. In order to qualify a team or individual for the Regional Tournament, schools must have participated in at least six (6) interscholastic matches during the season. Those six (6) matches must be on six (6) different days. **In the event a school does not have enough participants to compete as a team but an individual(s) (up to 2) from the school wishes to compete for medalist honors, the individual must have competed in at least six (6) matches on six (6) different days.**
3. There are no restrictions on practice play or interscholastic matches on the regional site of the tournament other than the day of the Regional Tournament. No practice rounds are permitted on Sundays, as per WVSSAC Rule 127-3-14.
4. Unless schools are notified to the contrary, the Regionals will be played at the sites on the dates listed on the regional alignments. (9:00 am unless specified otherwise.) Schools should report 30 minutes prior to tee time. It will be the responsibility of the regional director to contact the schools with any alteration in dates or times. It may be necessary to use shot gun start at some courses.
5. Pairing for Regional play shall be determined by the regional director. Participants shall be from separate schools whenever possible but within the same classification. Golfers are to be paired by scoring averages.
6. **State Tournament Qualification** - Each Regional Tournament shall qualify **two teams** per class for the State Tournament. **In the event of a tie for first and second place, the fourth golfers score on each team will be added to the team total score as the first tie breaker.** Any teams tied for

low score after the first tie breaker shall play off via the "sudden death" method - best ball team play which will consist of four players for each team, scoring best three.

The **top two individual golfers** who have the lowest score and are not on the winning teams will qualify for State Tournament Playoff. Ties to qualify in the top two will be broken by "sudden death."

#### C. State Tournament (October 8-9, 2019)

1. The State Tournament shall be held at **the Speidel Golf Course at Oglebay Park, Wheeling, WV on October 8-9, 2019** The tournament is set for thirty-six (36) holes of play. **Both days** of the tournament will be a **shotgun pro** start. If weather prohibits play, the first completed eighteen (18) holes will constitute the tournament. Tee off time will be 9:00 **8:30** a.m. **The Speidel Golf Course requires that soft spikes are worn. Participants must be in proper attire as stated above.**
2. **Day 2 pairing will be by team scores (top 4, second 4 with the 8 individuals paired together by score.**
3. Mr. Scott Davidson shall serve as Tournament Director.
4. State Tournament information will be provided to coaches and players during a Monday evening meeting to be held at Oglebay Park at 6:30 **7:00** pm. During this dinner meeting, tee times and coach/school assignments of team scorers will be distributed. **All coaches are required to attend. Golfers are encouraged to attend and have dinner.**
5. Coaches (or **a responsible adult**) representing the schools participating in the State Tournament may be assigned as spotters. The school must provide a spotter, or the coach will not be allowed to coach, per Item IIG.
6. On both days of the tournament, coaches and participants need to report before assigned time. Failure to report will cause disqualification of a team or individual qualifier.
7. For school reimbursement, see Reimbursement Schedule in the Entry Form Book.
8. **In the event of a tie for first and second place, the fourth golfers score on day 2 will be added to the team total score as the first tie breaker.** If the first tie breaker does not break the tie, all teams tied for first and second place for each class in the State Tournament will play a "sudden death" best ball team play or team score which will consist of four players for each team, scoring three best, to determine first and second place.
9. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
10. **Any four players from a school eligibility list with top 3 scores counted may participate as a member of a team either day of the tournament. Only those players participating on both days of the tournament shall qualify for medalist honors. The Tournament Director must be notified of any change as specified in the information above.**



**Regional Tournaments**  
**AAA**

**Region I**

Location: Williams Country Club  
 Director: Sean Blumette, AD, Brooke HS/Don Headley, Wheeling Pk  
 Date: September 30, 2019  
 Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

**Region II**

Location: Cress Creek Country Club  
 Director: Dave Walker, AD/Jimmy Dailey, Coach, Martinsburg  
 Date: September 30, 2019  
 Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington

**Region III**

Location: Pipestem Resort  
 Director: J.T. Payne, AD/Butch Freeman, Coach, Woodrow Wilson  
 Date: September 30, 2019  
 Capital, George Washington, Greenbrier East, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

**Region IV**

Location: **Guyan Country Club**  
 Director: **Chris Parsons, AD/Matt Stead, Coach, Cabell Midland HS**  
 Date: September 30, 2019  
 Cabell Midland, Huntington, Hurricane, Parkersburg, Parkersburg South, Ripley, Spring Valley

**AA**

**Region I**

Location: Green Hills Country Club (Fairmont)  
 Director: Mike Parrish, AD/Chance Hearn, North Marion HS  
 Date: September 30, 2019  
 Berkeley Springs, East Fairmont, Fairmont Senior, Frankfort, Grafton, Keyser, North Marion, Oak Glen, Petersburg, Philip Barbour, Weir

**Region II**

Location: Stonewall Resort  
 Director: Brian Fisher, AD, Lewis County  
 Date: September 30, 2019  
 Braxton County, Bridgeport, Clay County, Elkins, Herbert Hoover, Lewis County, Liberty, Lincoln, Nicholas County, Roane County, Robert C Byrd

**Region III**

Location: Grandview Country Club  
 Director: **Scott Cuthbert, AD/Claytina Shepherd Coach**, Independence  
 Date: September 30, 2019  
 Bluefield, Independence, James Monroe, Liberty (R), Oak Hill, Pike View, River View, Shady Spring, Westside, Wyoming East

**Region IV**

Location: Big Bend Golf Course  
 Director: Derek Pauley, AD/Doug Smith, Coach, Poca HS  
 Date: September 30, 2019  
 Chapmanville Regional, Lincoln County, Logan, Man, Mingo Central, Nitro, Point Pleasant, Poca, Sissonville, Scott, Wayne, Winfield

**A**

**Region I**

Location: Mingo Bottom Golf Club  
 Director: Lynn Johnson, AD/Zack Minger, St. Marys HS  
 Date: September 30, 2019  
 Hundred, Madonna, Magnolia, Paden City, Ritchie County, St. Mary's, Tyler Consolidated, Wheeling Central

**Region II**

Location: Ravens Golf Club at Snowshoe  
 Director: Mike DiPasquale, AD, Tygarts Valley HS  
 Date: October 1, 2019 **(Note Date)**  
 Clay-Battelle, East Hardy, Gilmer County, Moorefield, Notre Dame, Pendleton County, South Harrison, Trinity Christian, Tucker County, Tygarts Valley, Union

**Region III**

Location: Lewisburg Elks Country Club  
 Director: J. B. Miller, AD/David Hicks, Coach, Richwood HS  
 Date: September 30, 2019  
 Charleston Catholic, Fayetteville, Greenbrier West, Meadow Bridge, Midland Trail, Montcalm, Mount View, Pocahontas County, Richwood, Summers County, Valley (F), Webster County

**Region IV**

Location: Riverside Golf Club  
 Director: **Jeremy Johnson, AD/Matt Walker, Coach, Calhoun County**  
 Date: September 30, 2019  
 Buffalo, Calhoun County, Parkersburg Catholic, Ravenswood, Sherman, St. Joseph, Tolsia, Tug Valley, Wirt, Wahama, Williamstown



**2018-2019 State Golf Champions**

**Class AAA**  
**George Washington High School**

**Class AA**  
**Westside High School**

**Class A**  
**Wheeling Central High School**





# 2019-2020 Soccer Program



**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR THE TOURNAMENT.** The necessary forms for reports that **must** be filed with the WVSSAC office can be found with the instructions for each sport.

The Board of Directors and Soccer Coaches Committee reviewed the soccer program in the August *Interscholastic* and approved the following:

## 2019 High School Soccer Dates:

<b>Season Starts:</b>	<b>Mon. of Wk. 5</b>	<b>August 5</b>
<b>1st Contest May Be Held</b>	<b>Fri. of Wk. 7</b>	<b>August 23</b>
<b>Sectional</b>	<b>Week 16</b>	<b>October 21-26</b>
<b>Regional - Final - AA / A</b>	<b>Week 17</b>	<b>October 29</b>
<b>Regional - Final - AAA</b>	<b>Week 17</b>	<b>October 31</b>
<b>State</b>	<b>Week 18</b>	<b>November 8-9</b>
<b>Middle School Dates:</b>		
<b>Season Starts</b>	<b>Mon. of Wk. 6</b>	<b>August 12</b>
<b>1st Contest May Be Held</b>	<b>Mon. of Wk. 9</b>	<b>September 2</b>
<b>Season Ends</b>	<b>Sat. of Wk. 17</b>	<b>November 2</b>

## I. GENERAL INFORMATION:

- The State Tournament will be held at YMCA Youth Sports Complex, Beckley; J.T. Payne, AD and Dave Laraba, Woodrow Wilson High School will serve as Co-Tournament Directors.
- The Spalding TF-5000 Soccer Ball will be the official tournament ball.**
- Supervision and Security - It was strongly recommended that proper administrative supervision and protection for game officials be provided at the home site.**
- All sectional and regional tournament games will use three (3) officials. A fourth official will be used in the State Tournament. Regular season will use diagonal system or dual system.
- Officials should carry two (2) shirts approved by the State Association to insure that the colors contrast with the players. Accepted jerseys for officials are NISOA jerseys or USSFS jerseys. Officials working a contest must be wearing the same uniform.
- The host school shall provide a score table and scorekeeper, and at least 2 ball holders shall be used for all contests. The committee recommends that officials turn in a Special Report when the table and scorekeeper are not provided.**

## II. RULES AND REGULATIONS:

- Regular season games will not play overtime.**  
**For all tournament play, the following overtime procedure will be used during a regular season tournament and post season play:**
  - In a game tied after the end of regulation there will be a five minute intermission and a coin toss shall be held as in Rule 5-2-2-d**
  - A sudden victory 10 minute overtime period will be played. If at the end of the first overtime period, the score remains tied, a second sudden victory 10 minute overtime will be played. Teams will switch ends at the end of the first overtime period. A two minute break will occur between the overtime periods.**
  - If a tie still exists after the two 10 minute overtimes, a kick from the mark will occur as described in the tie-breaking procedure in the NFHS rule book.**
- Suspended Game Rule** - As per NFHS rules, a game suspended after completion of one complete half or more shall be an official game. If less than one-half of the game has been played, the game shall be restarted from the suspension of play.
- A team roster is to be presented to the official before the start of the game. This roster is to have names of all members of the team including coaches, players, managers, etc. **Only those members listed on this roster are permitted in the team bench area.** Violation will result in "yellow card" for unsportsmanlike conduct. If

there is no fence, a barrier or marking must be put around the entire field at least 10 feet from playing surface. This is mandatory for Sectional, Regional, and State Tournaments. The head coach is responsible for all people in the bench area.

- Red and Yellow Cards** - Player receiving a red card shall be ejected and one receiving yellow/red cards will be disqualified. A player receiving a soft red will not be replaced. His/her team must play the remainder with one fewer players. Ejection will be for reasons as given in Rule 12-8-3 and that player will be suspended as provided by WVSSAC Ejection Policy. A disqualified player will not be subject to the WVSSAC Ejection Policy. Coaches cannot get disqualified, but they can get ejected.

## III. TOURNAMENTS:

### A. Points of Emphasis

- Uniforms: The home team shall wear dark colored shirts and socks, and the visiting team shall wear white shirts and socks.** Both socks shall be the same color but not necessarily the color of the shirt. If other visible apparel is worn under the uniform, it shall be of the same color. All team members do not have to wear the additional apparel. Shin Guards are mandatory for regular season and tournaments and should be fully covered by the socks.
- Warm-up Period:** A twenty-five minute warm-up period shall be provided for all tournament games.
- With 5 minutes remaining on the 25 minute warm-up, captains, coaches and officials will hold pre-game conference.
- Coin Toss:** Prior to warm-up, the officials will call team captains together for the coin toss. Visiting team will call the toss.
- Team Admittance and Passes:** Twenty-two players and five staff personnel will be admitted at the pass gate by a typewritten list certified by the high school principal. Only these listed people will be permitted on the sideline or in the bench area at the regional and state level of competition.
- Pass-Outs:** No pass-outs will be given at any game site.
- Signs:** Refer to Spectator Support Information published in The Interscholastic.
- Radio/Press/Photographers:** All requests for space shall be directed to the Tournament Director. Proper credentials must be presented for admission at pass gate.
- Televisions:** Television requests for sectionals shall be directed to the Tournament Director. Television requests for Regional or State matches shall be directed to the WVSSAC office.
- Filming or Videotaping:** Videotaping or filming of a tournament contest is permitted under the guidelines of the tournament director.
- Cheerleaders** - Each school must submit a list of cheerleaders not to exceed 15 members to the Tournament Director. No arrangements have been made for housing or reimbursement for travel.
- Admission Prices:** Sectional admission prices will be established by the respective schools.
- Awards:**

**Sectional:** (1) Plaque to Champions - Sectional  
**Regional:** (1) Plaque to Champions - Regional  
**State:** Team - (1) Trophy - Champions  
(1) Trophy - Runner-up  
Individual - (27) Individual plaques - Champions  
(27) Individual plaques - Runner-up

### B. Sectional

- The bold printed school will serve as temporary chairman for the purpose of calling a meeting of those listed in that section. Temporary chairman should be sure all**





**teams can attend meeting.** The temporary chairman will serve until a tournament director is named by the group. This meeting shall be called as early in the season as possible. It will be the group's responsibility to do the following:

- a. Select director.
  - b. Select playing site(s). Regular season game supervision is to be given strong consideration when choosing sectional and regional sites.
  - c. Announce pairings, dates, times, etc. (afternoon games start by 2:30 if no lights on field)
  - d. Select officials (Class I or II only for sectional play)
  - e. Tournament officials for regional/state will be assigned by the WVSSAC office.
  - f. Insure administrative supervision for each game.
  - g. Submit Form So 1 from Director's Manual.
2. Team Picture-Program Material: Material for the official **state** souvenir program must be submitted within 24 hours of winning the Sectional. Refer to information in Coach's Packet.
  3. Admission Price: Sectional admission prices will be established by the respective schools

The following sectional/regional alignment and sites will be used in the 2019 soccer season.

**Sectional Tournament - October 21-26, 2019**

**AAA Boys Soccer**

**Region I**

- Section 1 **Brooke**, John Marshall, Wheeling Park
- Section 2 Buckhannon-Upshur, Morgantown, Preston, **University**

**Region II**

- Section 1 Hedgesville, Martinsburg, Musselman, **Spring Mills**
- Section 2 **Hampshire**, Jefferson, Washington

**Region III**

- Section 1 Capital, George Washington, South Charleston, **St. Albans**
- Section 2 Greenbrier East, Princeton, Riverside, **Woodrow Wilson**

**Region IV**

- Section 1 **Parkersburg**, Parkersburg South, Ripley
- Section 2 Cabell Midland, Huntington, **Hurricane**, Spring Valley

**AA / A Boys Soccer**

**Region I**

- Section 1 Madonna, Magnolia, Oak Glen, **Trinity Christian**, Tyler Consolidated, Weir, Wheeling Central
- Section 2 Berkeley Springs, Frankfort, North Marion, **Keyser**, Petersburg, East Fairmont, Fairmont Senior

**Region II**

- Section 1 Bridgeport, Grafton, Notre Dame, **Robert C Byrd**, Liberty, Lincoln
- Section 2 Elkins, Lewis County, Pendleton County, **Philip Barbour**, South Harrison

**Region III**

- Section 1 Braxton County, Charleston Catholic, Herbert Hoover, **Independence**, Midland Trail, Nicholas County, Pocahontas County, Roane County
- Section 2 Bluefield, Greater Beckley Christian, James Monroe, Mingo Central, **Oak Hill**, Pike View, Shady Spring,

**Region IV**

- Section 1 Nitro, Parkersburg Catholic, Point Pleasant, **Ravenswood**, Sissonville, St. Mary's, Williamstown
- Section 2 Chapmanville, Lincoln County, Logan, **Man**, **Poca**, Scott, St. Joseph, Tug Valley, Winfield

**AAA Girls' Soccer**

**Region I**

- Section 1 **Brooke**, John Marshall, Wheeling Park
- Section 2 Buckhannon-Upshur, Morgantown, Preston, **University**

**Region II**

- Section 1 Hedgesville, Martinsburg, Musselman, **Spring Mills**
- Section 2 **Hampshire**, Jefferson, Washington

**Region III**

- Section 1 Capital, George Washington, South Charleston, **St. Albans**
- Section 2 Greenbrier East, Princeton, Riverside, **Woodrow Wilson**

**Region IV**

- Section 1 Parkersburg, Parkersburg South, **Ripley**
- Section 2 Cabell Midland, Huntington, **Hurricane**, Spring Valley

**AA / A Girls Soccer**

**Region I**

- Section 1 Madonna, Magnolia, Oak Glen, **Trinity Christian**, Tyler Consolidated, Weir, Wheeling Central
- Section 2 Berkeley Springs, Frankfort, North Marion, **Keyser**, Petersburg, East Fairmont, Fairmont Senior

**Region II**

- Section 1 Bridgeport, Grafton, Notre Dame, **Robert C Byrd**, Liberty, Lincoln
- Section 2 Elkins, Lewis County, Pendleton County, **Philip Barbour**, South Harrison

**Region III**

- Section 1 Braxton County, Charleston Catholic, Herbert Hoover, **Independence**, Midland Trail, Nicholas County, Pocahontas County
- Section 2 Bluefield, James Monroe, Mingo Central, **Oak Hill**, Pike View, Shady Spring, Wyoming East

**Region IV**

- Section 1 Nitro, Point Pleasant, Ravenswood, **Sissonville**, Williamstown
- Section 2 Chapmanville, Lincoln County, Logan, **Poca**, Scott, Sherman, St. Joseph, Winfield


**C. Regional**

1. Practice sessions on the regional sites: There will be no practice at any regional site unless the event is being held on the field of one of the participating schools.
2. **In finals:**  
**AA/A boys will start at 5:00 p.m. and girls will begin 30 minutes immediately following the first game.**  
**AAA girls will start at 5:00 p.m. and boys will begin 30 minutes immediately following the first game.**  
**This will rotate each year.**
3. Admission Price: Regional admission price shall be \$5.00 (students) and \$6.00 (adults)  
**When 2 games are played at the same site, only one admission fee should be charged.**

**2018-2019 State Soccer Champions**

**Boys AAA**  
**George Washington High School**  
**Boys AA/A**  
**Winfield High School**

**Girls AAA**  
**Hurricane High School**  
**Girls AA/A**  
**Robert C Byrd High School**





**4. A home field will be determined by playing the majority of home games at the site.**

**Regional Tournaments - AA/A**  
**Tuesday, October 29, 2019**  
**Girls Boys 5:00 PM - Girls Boys 30 Minutes Later**  
**Winner Section 1 - Home Team**

**Region I**

Location: Oak Glen High School  
 Director: Frank Crain, AD

**Region II**

Location: Philip Barbour High School  
 Director: Tammy Zimmerman, AD

**Region III**

Location: Charleston Catholic High School  
 Director: Jacob Nelson, AD

**Region IV**

Location: Point Pleasant High School  
 Director: Kent Price, AD

**Regional Tournaments - AAA**  
**Thursday, October 31, 2019**

**Boys Girls 5:00 PM - Girls Boys 30 Minutes Later**  
**Winner Section 2 - Home Team**

**Region I**

Location: Wheeling Park High School  
 Director: Dwaine Rodgers, AD

**Region II**

Location: Washington High School  
 Director: Dale Shaffer, AD

**Region III**

Location: George Washington High School  
 Director: Shawn Wheeler, AD

**Region IV**

Location: Hurricane High School  
 Director: Gary Eggleton, AD

**D. State Tournament - November 8-9, 2019**

- Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
- Expenses:** Refer to Reimbursement Schedule in the Entry Form Book.
- Admission Price:** State admission price shall be \$7.00 (students) and \$8.00 (adults).
- Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

**Site:** YMCA Youth Sports Complex, Beckley  
**Directors:** JT Payne, AD, Woodrow Wilson High School  
 Dave Laraba, Woodrow Wilson High School  
**Date:** November 8-9, 2019

**Friday – November 8 (Pairings) – Semi Finals**  
 \* Home Team

AAA - Cline Field	AA / A - Carter Field
<b>Session 1 (Boys)</b>	<b>(Girls)</b>
Game 1 - 10:00 AM - R1 vs R4*	Game 1 - 9:30 AM - R1 vs R4*
Game 2 - 30 min. - R2 vs R3*	Game 2 - 30 min. - R2 vs R3*
<b>Session 2 (Girls)</b>	<b>(Boys)</b>
Game 1 - 5:00 PM - R1 vs R4*	Game 1 - 4:30 PM - R1 vs R4*
Game 2 - 30 min. - R2 vs R3*	Game 2 - 30 min. - R2 vs R3*

**Saturday - November 9 - Finals**

AAA Cline Field	AA / A - Carter Field
<b>(Boys)</b>	<b>(Girls)</b>
Game 1	Game 1
10:30 AM - Winner G1* vs G2	9:30 AM - Winner G1* vs G2
<b>(Girls)</b>	<b>(Boys)</b>
45 minutes - Winner G1* vs G2	45 minutes - Winner G1* vs G2

**Pairings For Future Years**

<u>2019</u>	<u>2020</u>	<u>2021</u>
1 - 4	1 - 2	1 - 3
2 - 3	3 - 4	2 - 4

**SITES CANNOT BE CHANGED WITHOUT WVSSAC APPROVAL**

**2019-2020 SOCCER RULES REVISIONS**

3-4-3 NEW: The clock shall be stopped when a substitute by the team in the lead is beckoned on the field in the final five minutes of the second period only.

Rationale: Rule affected by change in 7-4-3.

4-3: Improperly Equipped Players (18-1-1u)

Cautions will not be issued for improperly equipped player(s).

If not immediately correctable, improperly equipped player(s) shall be instructed to leave the field of play when the ball next ceases to be in play. The player(s) may be replaced. The removed player(s), if not replaced, may re-enter at the next dead ball only after reporting to an official, who shall be satisfied the player's equipment and uniform are in order. Play shall not be stopped for an infringement of this rule except that the referee may stop play immediately where there is a dangerous situation.

Rationale: The change corrects an injustice. For the far more serious infringement of illegal equipment, the offending team does not play shorthanded. For the less serious offense of improper equipment, they are required to play shorthanded. The change addresses this inequity.

5-3-1d: The officials shall:

(d) call out "play on" and, with an underswing of one or both arms, indicate a foul which was observed but shall go unpenalized because penalizing the offending team would give an advantage to the offending team. If the referee applies the advantage, which was anticipated but does not develop at that time, the referee shall penalize the original offense.

Rationale: This change permits the use of one arm to signal advantage.

7-4-3 NEW: The clock shall be stopped when a substitute by the team in the lead is beckoned onto the field in the final five minutes of the second period only.

Rationale: Coaches in the lead will make multiple substitutions in the later stages of the match. This tactic is being used as a time-wasting ploy. Adding this rule will help the game to be decided by the players and not a coach who is wasting time when in the lead. These substitutes are usually players from the far side of the field that take more time off the clock. This addition would stop this practice.

9-2-1: The game is restarted with a drop ball:

- when the ball is caused to go out of bounds by two opponents simultaneously;
  - when the ball becomes deflated;
  - following temporary suspension of play for an injury or unusual situation and a goalkeeper is not in possession of the ball
  - when simultaneous fouls of the same degree occur by opponents.
- Rationale: This rule changes the awarding of a free kick to a drop ball thereby possibly creating a scoring opportunity for a team underserving.

9-2-3: The ball is dropped by an official from waist level to the ground. Any number of players may contest a dropped ball (including the goalkeepers); a referee cannot decide who may contest a dropped ball or its outcome.

Rationale: This addition helps to provide clarity in the application of this rule.

9-2-5 NEW: ART. 5 . . . The ball shall be dropped again if it touches a player before it touches the ground or leaves the field of play after it touches the ground without touching a player.

Rationale: This addition helps to avoid confusion and allow the rule to be more equitable under the circumstances.

9-2-6 NEW: ART. 6 . . . If a dropped ball enters the goal without touching at least two players, play is restarted with a goal kick if it enters the opponent's goal or a corner kick if it enters the team's own goal.

Rationale: This addition helps to avoid confusion and allow the rule to be more equitable under the circumstances.

9-3: In case of a temporary suspension due to injury or any unusual situation the game shall be started by a drop ball at the point where the ball was when the play was suspended (except as noted in 14-1-7), provided the ball was not in the goal area and not in the possession of the goalkeeper.

Rationale: This change will eliminate free kick opportunities that often create scoring opportunities that are not deserved.

**Points of Emphasis**

- Anterior Cruciate Ligament (ACL) Injury Prevention.
- Pre-game Communication Between the School Administration and Game Officials.
- Official's Communicating Misconduct with Coaches.

# SPALDING 2019-2020 Volleyball Program



The Volleyball Coaches' Committee met on December 11, 2018 and January 22, 2019 teleconference.

The Board of Directors reviewed the volleyball program in the August interscholastic and approved the following:

## 2019 High School Volleyball Dates:

Season Starts:	Mon. of Wk. 6	August 12
1st Contest Held	Wed. of Wk. 9	September 4
Sectional	Week 18	November 4-7
Regional	Week 18	November 9
State	Week 19	November 15-16

## Middle School Dates:

Season Starts	Mon. of Wk. 7	August 19
1st Contest Held	Wed. of Wk 10	September 11
Season Ends	Sat. of Week 17	November 2

## I. GENERAL INFORMATION:

- A) The Spalding TF -VB5 navy/white volleyball is the official ball for this year. The Spalding ball will be used in all tournament play. Schools will be permitted to use any NFHS approved ball during regular season (NFHS 3-2-1). For sectional, regional and state tournament play, the TF-VB5 navy/white Spalding ball will be used.
- B) **Facility safety (obstructions, obstacles, etc..) is the host administration and officials' responsibility.**
- C) The warm-up time for all levels of competition is now 2-6-6 for a total of 14 minutes, **with the exception of the state tournament which will be 6-6-6 for a total of 18 minutes.** The first two minutes, both teams have access to their side of the court. At the end of two minutes, a horn or whistle will sound and **the team that won the coin toss** will take the floor for six minutes. If a team wants to practice serving, it must be done during these six minutes. **Both teams will not practice serving at the same time.** At the end of the first six minutes warm-up, a horn or whistle will sound and the opposing team will have the floor for six minutes.
- It is also important for coaches to know that officials do not dictate what a team does during its warm-up time. That is up to the coach as to what is done during this time.**
- D) **Scorekeepers** - Must have 2 scorekeepers. One scorekeeper for the game book and one scorekeeper for the libero player. Both scorekeepers must be at the score table. **Both scorekeepers need to be trained.**
- E) **Line Judges** - Line judges are required for the regular season. All line judges **must** be trained. Line judges cannot be players in uniform. Whenever possible, use WVSSAC certified officials. Line judges must be present at the match site a minimum of 20 minutes prior to the start of the match. Line judges are required for sectional, regional, and state contests. These line judges must be WVSSAC registered officials.
- F) **Flags** - Flags are optional for regular season play, but will be used in post season play. Schools are responsible for providing flags.
- G) It is recommended that school personnel meet with the local officials' board prior to the season to discuss assignment of officials and officiating fees.
- H) The WVSSAC promotes good sportsmanship in all sport programs. We encourage you to inform parents and athletes of the importance of good sportsmanship.
- I) **Preseason Meetings:** It is highly recommended that all coaches conduct preseason meetings for their players and parents. In addition to their own rules and regulations, coaches **must** address players on taunting, conduct, and sportsmanship rules before the first regular season match. **Good sportsmanship is to be practiced by all team personnel during warm-ups.**
- J) **Officials must strictly enforce all taunting, conduct, and sportsmanship rules.**
- K) Home team management will be responsible for providing volleyballs for all high school duals, tri and quads. When three courts are used, teams should bring their own volleyballs.

## II. RULES AND REGULATIONS:

- A) Players are not allowed to wear face, hair or body paint or mascot stickers while participating in a contest. Permanent magic marker markings are not allowed. Permanent tattoos are permitted provided they are not objectionable. If determined objectionable by the official, the tattoo must be covered. No glitter on body, uniform or accessories.

- B) A team must have participated in twelve (12) matches to be eligible for sectional tournament competition (high school only).
- C) **A high school volleyball team will be permitted to play in no more than 22 (dates) exclusive of sectional, regional, and state contests.** The volleyball season will end for each high school team at tournament elimination. **Middle school teams will be permitted sixteen (16) play dates.**
- D) Dual, triangular and quadrangular matches count as one date. Matches in which five or more schools participate count as two dates.
- E) **High School** - Two volleyball scrimmages with **another high school** may be conducted. (No quads for a team) Tris count as 2 scrimmages.  
**Middle School** - One volleyball scrimmage is allowed for middle schools.
- F) In dual competition, a student may participate in a maximum of four games against the same opponent if a match is two of three games and six games if the varsity match is three of five games. If a middle school has 2 (JV & Varsity) teams, a player may participate in 4 sets. If a player is entered who would exceed this regulation, the official should use preventive officiating and notify the coach. If the player is then played, she becomes an illegal substitute and a Special Report is to be sent to the WVSSAC. This rule is the responsibility of the coach.
- G) **Rally scoring must be used in all matches.** Rally scoring includes let serve, dual - High School Varsity and JV - 3 of 5 with no cap, first 4 sets to 25 points, fifth set to 15 points, must win by two. Tris and Quads 2 of 3 - no cap, all 3 sets to 25, must win by 2. Two time-outs per set. Middle School - 2 of 3 - all 3 sets to 25, must win by 2.  
High School Varsity Tournaments - 5 or more teams must use rally scoring - 2 of 3 matches - the format is to be determined by the director. No 3 of 5 matches can use pool play.
- H) It is the responsibility of the high school varsity coach to rate each official (all regular season and tournament matches). Individual rating forms are included in the coach's packet. Only one match is allowed per form, and each official must be rated for every officiated match. **These forms are online and should be done after each play date.** Failure to comply will result in a \$10.00 per match fine.
- I) **Head Coaches' Conduct:** The head coach may stand in the libero replacement zone, **no closer than six feet** to the sideline, **during play** to coach his/her players. The head coach may not obstruct the sight of R2 or the LJ. During a dead ball, the head coach may stand at any location in the libero replacement zone. When the R1 is ready to resume play and extends their arm to begin serve, the coach must move back.
- J) Each official is required to enter their number into the home and visitors scorebook legibly.

## III. POINTS OF EMPHASIS

- A. **Net Height** -  
Middle school (6, 7, 8) net height is 7 feet.  
High School (9, 10, 11, 12) net height is 7 feet 4-1/8 inches.
- B. **Spectator Items** - Laser pointers are not allowed. Violators shall be ejected from the contest.
- C. **Equipment** - Padding on cranks and the official's stand must be checked and, if necessary, replaced to ensure safety of all participants.
- D. **Bench Areas** - Coaches are responsible for instructing all team personnel to maintain cleanliness of the bench area during and after the match.
- E. **Allowed Bench Seating** - Team seating is limited to 16 seats. Teams may have 16 personnel seated and 6 players on the court. There is to be **NO** sitting on floor and no additional seats added. Additional personnel must be seated in an area available closest to the team bench. All team personnel must be dressed in uniform.
- F. **Team Uniforms** - Buttons, zippers, and pockets are not allowed on uniforms. All players must come on the court appropriately dressed and jewelry removed. Uniforms are to be worn as designed. No bare midriff tops. If uniforms are designed to be tucked in, they must be. If uniforms are not designed to be tucked in, they do not have to be as long as the entire stomach is covered. Shorts are not to be rolled down at the waist. Shirts worn under the uniform top must be the



same color as the dominate color of the top. Compression clothing worn under the shorts must be the same color of the uniform shorts and not extend below the shorts. Players are to be appropriately dressed before entering the court. (See NFHS - 4-2 Art. 1-7)

- G. During the month of October, schools wishing to wear pink may do so as long as the uniforms meet all NFHS uniform regulations.
- H. Coaches' Apparel - Coaches are to be attired in appropriate apparel. It is strongly recommended that coaches' apparel be representative of the school colors.
- I. Officials are to be dressed alike in the official uniform with shirts tucked in. (See Officials Manual - VB Official Uniform)
- J. **Ejection Clarification - Coach/player ejection is for two dates not two contests. If a coach is ejected, it is not the responsibility of the official to determine if the replacement for the coach is allowable. Officials will allow that individual to coach; however, the official shall request the name of the individual and document that on the Special Report. The time shall not exceed twenty (20) minutes.**
- K. Officials' Jurisdiction - The officials' jurisdiction begins upon arrival on the floor and ends upon departure from the site.
- L. Sportsmanship - Chestbutting by players is not allowed.

#### IV. TOURNAMENTS:

**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.** The necessary forms or reports that must be filed with the WVSSAC office may be found with the instructions for each sport. All tournament directors are responsible for notifying participating schools as to site location, date, and time of contest.

**The specified dates for sectional and regional tournaments may not be changed.**

##### A. SECTIONAL TOURNAMENT - (week 18)

The school listed in bold print will serve as temporary chairman of each section and as such will be responsible for calling a meeting of those listed schools by October 1. Notification and confirmation of all schools is necessary. Site selection, seeding, pairings, tournament director, dates, selection of registered officials, admission, etc., shall be determined at this meeting. **Contracts for officials should be used. (Class I and II registered officials (umpire and referee) must be used. Please send information to WVSSAC. WV registered official line judges are required.**

1. Failure of a coach or a school representative to attend the sectional meeting or conference call will result in that school not having a vote in the sectional tournament meeting process.
2. Tournament directors should refer to the Spectator Support List published in the August edition of The Interscholastic to determine what items are permitted at volleyball tournaments.
3. The sectional tournament will be the best 3 of 5 sets for single elimination and double elimination. For sectional, if there are more than 3 schools and you choose double elimination, you must use 2 courts.
4. Awards, if given, will be established by sectional participants. WVSSAC sectional plaque will be sent to sectional temporary chairman. Profit/deficit will be shared by each school.
5. Winner and runner-up of sectional level will advance to the regional tournament.
6. Financial Reports - Directors are asked to submit the reports by the date designated in the Director's Manual.

##### B. REGIONAL TOURNAMENT - (week 18)

1. Regional director will select and contract registered officials. *Class I and II umpire and referee only. WV registered official line judges are required.*
2. Pairings for Regional Tournament are as follows:  
Winner Section 1 vs. Runner-Up Section 2  
Winner Section 2 vs. Runner-Up Section 1  
**The winner is the home team for semi-finals. In finals, the officials will conduct a coin toss.**  
Winner and runner-up from each region qualify for the State Tournament.
3. The Regional Tournament will be the best 3 of 5 sets for the match and single elimination. Profit and/or deficit will be shared by each regional participating school.

4. Financial Reports - Directors are asked to submit the reports by the date designated in the Director's Manual.

##### C. STATE TOURNAMENT - (Week 19)

**Charleston Coliseum and Convention Center, Director, Esther Messenger.**

1. **SEEDING** - Each coach advancing to the regional tournament will be sent a ballot by fax no later than Thursday evening of regional tournament week. Schools advancing to the regional tournament will be listed on the ballot by classification. Class AAA schools will receive a ballot with only AAA schools, etc. Coaches will NOT rank their own school, but WILL rank the remaining fifteen (15) schools. A ranking of one (1) will indicate the highest ranking while a fifteen (15) will indicate the lowest ranking. A school will receive from 1 to 15 points based upon each ranking they receive. Each school will have one of their highest and one of the lowest rankings eliminated. **ALL BALLOTS MUST BE RETURNED TO THE WVSSAC OFFICE BY 3:00 PM ON FRIDAY OF REGIONAL TOURNAMENT WEEK.** After all ballots are received and points tallied, the school with the lowest accumulated point total will receive the number one (1) seed and seeding will continue until all brackets are filled. If two or more teams tie, the following criteria will be used to resolve the tie: Head to head competition; total number of wins in classification or above; total number of wins; toss of coin.
2. **WARM UP TIME** - For the state tournament, warm up time will be a total of 18 minutes with a 6-6-6 format. For the first six minutes, teams will have access to their side of the court, but are not to practice serving. At the end of six minutes, the team that won the coin toss will take the floor for six minutes. If a team wants to practice serving, it must be done during these six minutes. At the end of the six minutes, a horn or whistle will sound and the opposing team will have the floor for six minutes. Prior to the 18 minutes warm up, teams may be on the court, but there cannot be any use of balls. When the clock starts for the 18 minute warm up period, the meeting with the captains will be called and the six shared minutes will begin.
3. Eighteen (18) will be admitted on the team pass at the sectional, regional and state tournament.
4. Admission (per session) All Session Pass  
Adults - \$8.00 Adults - \$30.00  
Students - \$7.00 Students - \$25.00
5. Officials will be selected by WVSSAC.
6. The state tournament will be a two (2) day four session event. The tournament will be the best 3 of 5 sets for a match and single elimination.
7. Filming - You may only film the games in which your school/team is playing. (See WVSSAC Video Policy)
8. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
9. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

### 2018-2019 State Volleyball Champions



**Class AAA**  
**Spring Valley High School**

**Class AA**  
**Bridgeport High School**

**Class A**  
**Magnolia High School**



## Time Schedule

Each session will have a running schedule

**Ticket gates will open 1 hour before scheduled time to purchase tickets (provided previous session is over in time).**

### Thursday, November 14

Official's Meeting - 6:30 PM

Coaches Meeting - 7:00 PM

(Those unable to attend, contact Esther Messenger to arrange time to pick up required information)

### Friday, November 15 - Session I - 8:30 AM

Team Warm-up 8:00 AM

Court Assignment for Sessions 1 thru 3

AAA - Court 1

A - Court 2

AA - Court 3

Friday 8:30 AM (4-5) - All 3 classes

Immediately following Game 1, Game 2 will begin. (1-8)

**Coliseum will be cleared.**

**Admission will be charged for Session II**

### Friday, November 15 - Session II 1:30

Team Warm-Up 1:00 PM

Friday 1:30 PM (2-7) - All 3 classes

Immediately following Game 3, Game 4 will begin. (3-6)

**Coliseum will be cleared - Admission will be charged for Session III**

### Friday, November 15 - Session III - 6:30

Friday 6:30 PM Winner of Game 1 vs Winner Game 2 - All 3 classes

Immediately following Game 5, Game 6 will begin.

Winner of Game 3 vs Winner Game 4 - All 3 classes.

### Saturday, November 16 - Session IV

AAA Championship Game 9:30

A Championship Game (\*Running Schedule)

AA Championship Game (\*Running Schedule)

\*Immediately following 1st games awards ceremony

**Bolded School** - Responsible for calling a meeting for listed schools.

## AAA

### Region I

Site: Brooke High School

Director: Sean Blumette, AD, Brooke HS

Date: November 9, 2019 6:00 PM

Section 1 **Brooke**, John Marshall, Wheeling Park

Section 2 Buckhannon-Upshur, Morgantown, Preston, **University**

### Region II

Site: Musselman High School

Director: Steve Campbell, AD, Musselman HS

Date: November 9, 2019 **10:00 AM**

Section 1 Hedgesville, Martinsburg, Musselman, **Spring Mills**

Section 2 **Hampshire**, Jefferson, Washington

### Region III

Site: Woodrow Wilson High School

Director: Tim Carrico, AD, Woodrow Wilson HS

Date: November 9, 2019 6:00 PM

Section 1 Capital, George Washington, South Charleston, **St. Albans**

Section 2 Greenbrier East, Princeton, Riverside, **Woodrow Wilson**

### Region IV

Site: Parkersburg High School

Director: Chris Way, AD, ParkersburgHS

Date: November 9, 2019 6:00 PM

Section 1 **Parkersburg**, Parkersburg South, Ripley

Section 2 Cabell Midland, Huntington, Hurricane, **Spring Valley**

## AA

### Region I

Site: Philip Barbour High School

Director: Tammy Martin, AD, Philip Barbour HS

Date: November 9, 2019 2:00 PM

Section 1 Berkeley Springs, Frankfort, **Keyser**, Petersburg, Philip Barbour

Section 2 East Fairmont, Fairmont Senior, North Marion, **Oak Glen**, Weir

### Region II

Site: Robert C Byrd High School

Director: Scott Davis, AD, Robert C Byrd HS

Date: November 9, 2019 2:00 PM

Section 1 Bridgeport, Elkins, Liberty, **Lincoln**, Robert C Byrd

Section 2 Braxton County, Clay County, Herbert Hoover, **Lewis County**, Nicholas County, Roane County

### Region III

Site: Shady Spring High School

Director: Donald Barnett, AD, Shady Spring HS

Date: November 9, 2019 2:00 PM

Section 1 Independence, Liberty(R), Oak Hill, **Westside**, Wyoming East

Section 2 Bluefield, James Monroe, PikeView, **River View**, Shady Spring

### Region IV

Site: Man High School

Director: Billy Dickerson, AD, Man HS

Date: November 9, 2019 2:00 PM

Section 1 Point Pleasant, Nitro, Poca, **Sissonville**, Wayne, Winfield

Section 2 Chapmanville Regional, Lincoln County, Logan, **Man**, Mingo Central, Scott

## A

### Region I

Site: Tyler Consolidated High School

Director: Ryan Walton, AD, Tyler Consolidated HS

Date: November 9, 2019 10:00 AM

Section 1 Cameron, Hundred, **Madonna**, Valley, Wheeling Central

Section 2 Magnolia, Paden City, St. Mary's, Tyler Consolidated, **Ritchie County (Note Change in Section 2)**

### Region II

Site: Moorefield High School

Director: Dennis Hill, AD, Moorefield HS

Date: November 9, 2019 10:00 AM

Section 1 Clay-Battelle, Doddridge County, Gilmer County, **Notre Dame**, South Harrison, Trinity Christian, Tygarts Valley

Section 2 East Hardy, Harman, Moorefield, **Paw Paw**, Pendleton County, Tucker County, Union, WV School for the Deaf

### Region III

Site: Charleston Catholic High School

Director: Jacob Nelson, AD, Charleston Catholic HS

Date: November 9, 2019 10:00 AM

Section 1 Charleston Catholic, Fayetteville, Midland Trail, **Pocahontas County**, Richwood, Valley (F), Webster County

Section 2 Greater Beckley Christian, Greenbrier West, Meadow Bridge, **Montcalm**, Mount View, Summers County

### Region IV

Site: Ravenswood High School

Director: Wes Swain, AD, Ravenswood HS

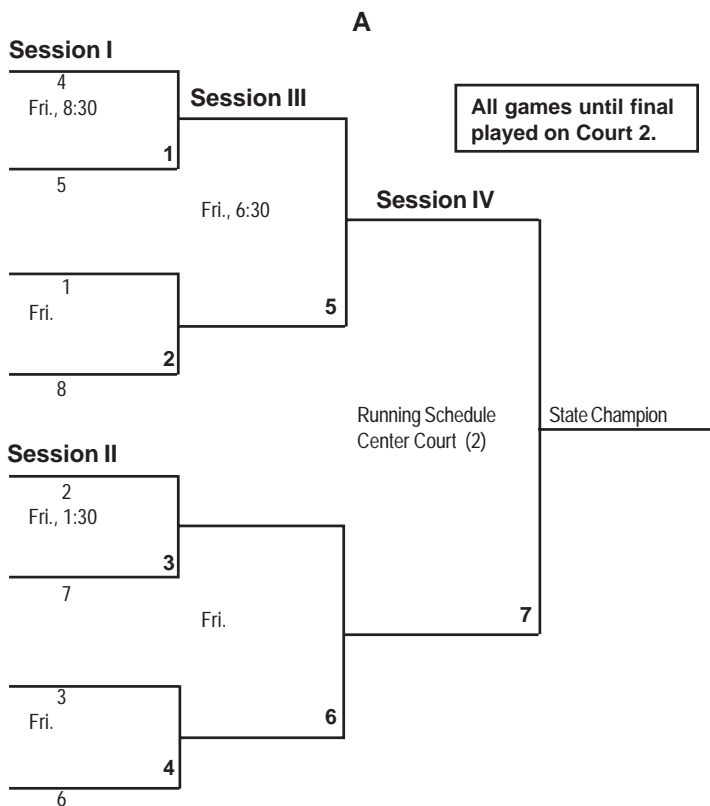
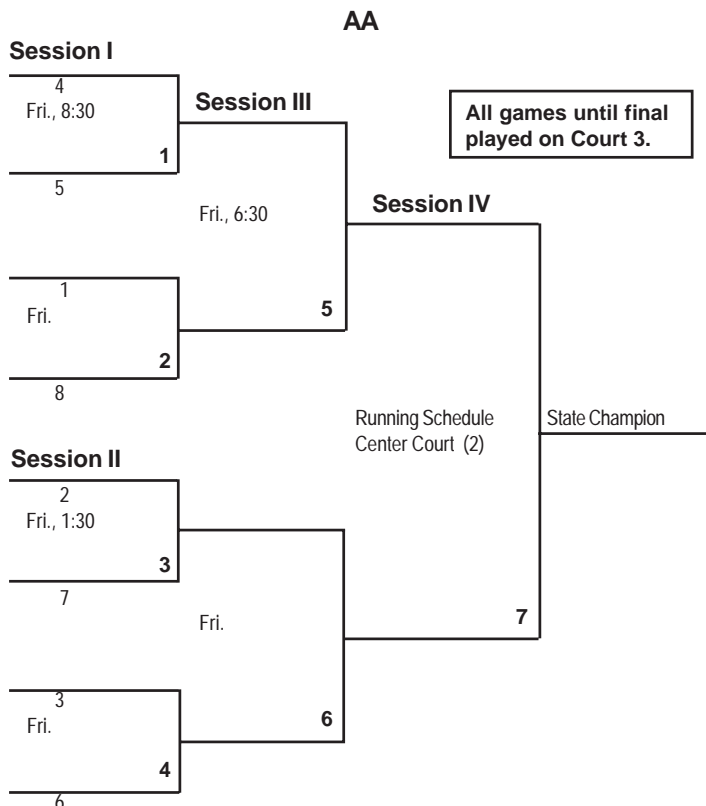
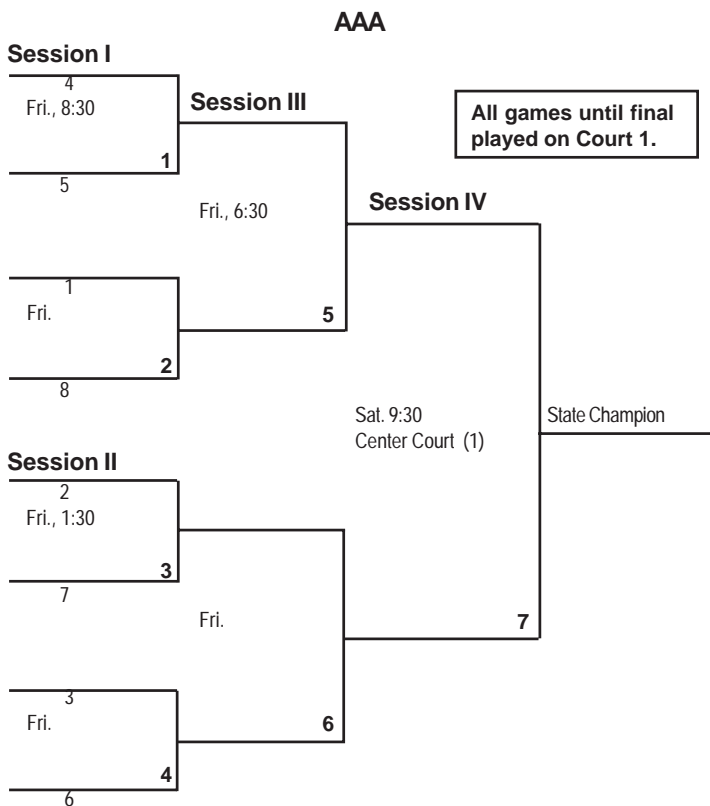
Date: November 9, 2019 10:00 AM

Section 1 Calhoun County, Parkersburg Catholic, Ravenswood, **Wirt**, Wahama, Williamstown

Section 2 Buffalo, Hannan, Sherman, **St. Joseph**, Tolsia, Tug Valley, Van



**WV State Volleyball Championship**  
**Charleston Coliseum and Convention Center - November 15-16, 2019**  
**Each Session will have a running schedule.**  
**Home Team - Top Bracket**  
**(All times are subject to change)**



**2019-20 VOLLEYBALL MAJOR RULES CHANGES**

- 2-2-2, 2-3j (NEW), 2-4-1e(NEW), 2-4 PENALTIES 3 (NEW), 9-8-1i: When the ball strikes the cables and/or the diagonal poles used to retract ceiling suspended net systems the referee will stop play and determine if the ball was playable. The referee will signal out-of-bounds or replay.
- 4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2(NEW): Eliminates the solid-colored uniform requirements, establishes that the libero uniform must clearly contrast with his/her teammates' uniforms and reorganizes the legal uniform rule.
- 4-2-4b: Eliminates the use of double zero (00) as a uniform number option.
- 4-2-4c: Beginning with the 2023 season the body of the uniform number must clearly contrast with the uniform top regardless of borders. This will eliminate the allowance of borders to provide contrast between the number and the uniform number.
- 5-5-1b, 5-6-1b, 7-1-1a, 7-1 PENALTIES 1, 7-1-2, 7-1-4: Requires the second referee to collect team rosters at the prematch conference while allowing changes to be made until 10 minutes remain on the pregame clock and establishes lineups to be submitted to the second referee before each set.
- 5-9-2 NOTE: Establishes that the line judge shall take their position and move in line with the extension of the end line when the ball is being served near the line judge's position replacing the old technique to move directly back in line with the sideline.
- 8-2-5g (NEW), 8-2-6d: Establishes that the ball remains dead when tossed for serve and it touches any part of the backboard or supports hanging in a vertical position over the serving area and is an illegal serve (Signal 14) and not a service fault.

**2019-20 VOLLEYBALL MAJOR EDITORIAL CHANGES**

- 2-1-5: Clarifies that the attack line shall be measured from the edge of the attack line farthest from the center line to the axis of the center line.
- 4-2-7: Clarifies the penalty for the removal of any part of the uniform top or bottom as a yellow card charged to the coach for unsporting conduct.
- 5-5-3b(26): Provides additional instructions for the second referee when conducting the coin toss prior to the deciding set by requiring the second referee to communicate with the first referee the serving team and the proper team benches.
- 8-1-6, 8-2-5g: Establishes the proper signal for a tossed ball that contacts a backboard or its supports hanging in a vertical position over the serving area is officials signal 14.
- NFHS Official Signals Chart: Removes signal 7 "Legal Back-Row Attack" from the chart and establishes the signal as an informal officials' signal in the NFHS Officials Manual renumbering remaining signals.

**2019-20 Volleyball Editorial Changes**

- 2-4-1b; 5-2-1b; 10-2 PENALTIES 2; 11-4-2; 12-2 PENALTIES 1a, b; Scoring Section; Officials Signals 19A

**2019-20 Volleyball Points of Emphasis**

1. Informal Officials Signals
2. Ball-handling
3. Side Folding Retractable Backboards

# The following schools attended the April 2019 Board of Control Meeting at Stonewall Resort

## Middle School

Braxton County	Mannington	South Harrison
Bridgeport	McKinley	Spencer
Buckhannon-Upshur	Moundsville	Spring Mills
Clay County	Mountain Ridge	Summers
Doddridge County	Mountaineer	Tucker Valley
East Bank	Oak Glen	Tyler Consolidated
Elkview	Pleasants County	Washington-Irving
Hayes	Ravenswood	West Fairmont
Jackson	Richwood	Western Greenbrier
John Adams	Rivesvile	Westwood
Lincoln	Robert L Bland	Wildwood
Logan	Sherrard	Winfield
Long Drain	Sissonville	

## High School

Berkeley Springs	Keyser	Richwood
Bluefield	Lewis County	Ripley
Braxton County	Liberty (H)	Ritchie County
Bridgeport	Liberty (R)	Riverside
Brooke	Lincoln	Robert C Byrd
Buckhannon-Upshur	Lincoln County	Saint Albans
Buffalo	Madonna	Saint Joseph Central
Cabell Midland	Magnolia	Saint Marys
Calhoun County	Man	Shady Spring
Cameron	Martinsburg	Sissonville
Capital	Meadow Bridge	South Charleston
Chapmanville	Midland Trail	South Harrison
Charleston Catholic	Mingo Centra	Spring Mills
Clay County	Montcalml	Spring Valley
Clay-Battelle	Morgantown	Summers County
Doddridge County	Mount View	Tolsia
East Fairmont	Musselman	Trinity Christian
East Hardy	Nicholas County	Tucker County
Fairmont Sr.	Nitro	Tug Valley
Fayetteville	North Marion	Tygarts Valley
Frankfort	Notre Dame	Tyler Consolidated
George Washington	Oak Glen	Union
Gilmer County	Oak Hill	University
Grafton	Parkersburg	Valley (F)
Greenbrier East	Parkersburg Catholic	Valley (W)
Greenbrier West	Parkersburg South	Wahama
Hampshire	Paw Paw	Wayne
Hannan	Pendleton County	Webster County
Harman	Petersburg	Weir
Hedgesville	Philip Barbour	Wheeling Central
Herbert Hoover	PikeView	Wheeling Park
Huntington	Point Pleasant	Williamstown
Hurricane	Preston	Winfield
James Monroe	Princeton	Wirt County
Jefferson	Ravenswood	Woodrow Wilson
John Marshall		

# (( ( ( ( ( OFFICE ECHOES ) ) ) ) )

## Minutes of Meeting Board of Directors #690 WVSSAC Office October 17-18, 2018

### 1. Call to Order

The regular meeting of the WVSSAC Board of Directors was called to order at 6:01 PM on Wednesday, October 17, 2018 at the WVSSAC Office, Parkersburg, WV by Mr. Lee Loy. The meeting was continued October 18 at 7:55 AM. The following members were present: Gregory Moore, David Cottrell, Mike Arbogast, Richard Summers (Thursday only), Craig Lee Loy, Dr. Eddie Campbell, Robert Dunlevy, Jamie Tallman, and Jim Crawford (Thursday only). Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Cindy Daniel. Dr. James Wilson was absent.

### 2. Approval of Minutes

- A. August Meeting – Mr. Dolan presented the minutes of the August 23, 2018 meeting for approval. On a motion by Robert Dunlevy and a second by Mike Arbogast, the Board voted unanimously to accept the minutes as presented.

### 3. Approval of Agenda

- A. Mr. Dolan presented the Agenda for approval. On a motion by Mike Arbogast and a second by David Cottrell, the Board voted unanimously to approve the agenda as amended. Added the following:
  - I. Musselman HS participation on Sunday
  - II. AED Program
  - III. Executive Session

### 4. Financial Audit 2017-18 – Perry & Associates presented the 2017-18 audit for approval. On a motion by David Cottrell and seconded by Jamie Tallman, the board unanimously approved the audit. Present to present the audit was Bill Wilkerson, Joe Miller and Brett Burns from Perry & Associates.

### 5. Financial Reports

- A. August & September Monthly – Mr. Dolan presented the August and September Monthly Financial Reports for consideration by the Board. On a motion by Robert Dunlevy and a second by Eddie Campbell, the Board unanimously approved the reports as presented.

### 6. Discipline Log

- A. There was nothing to add to the Discipline Log.

### 7. Legal Updates –

- A. Board of Review Results –
  - I. Wrestling Case – This case is ongoing from the 2016 wrestling season.

- II. Middle School Case – VanDevender withdrew their appeal.

### 8. Board of Review

- A. Remanded Nicholas Haning Back to Board of Directors
- B. Mallory Hedrick – Midland Trail – Upheld the BOD Decision
- C. James Backman – Andrew Jackson – Overturned the BOD Decision
- D. Jacob Hager – Scott HS – No Show

### 9. Administrative Update

- A. Girls State Golf Invitational – The First Annual Girls' Golf Invitational was a success. It was held at Mingo Bottom Golf Course. 50 girls participated. There was only \$400.00 out of pocket expenses.
- B. State Golf Tournament - Another great tournament. Rain delay on the first day but was able to finish it on the second day. There was also a great crowd.
- C. Report on Opioid Summit – The Committee met last week and discussed mental illness, general substance abuse, etc. Will develop some Public Service Announcements to share at tournaments. There will be a press conference coming up in the near future.
- D. Competitive Balance Committee – The Committee will come back to the next meeting with proposals. Along with a proposal to take to the Board of Control, we may need guidelines for appeals.

### 10. Corporate Sponsorship Update – Farmers and Mechanics Insurance will be the presenting sponsor for the Academic Achievement Awards program.

### 11. University High School Travel to NY

- A. On a motion by Mike Arbogast and a second by Gregory Moore, the Board unanimously approved University HS Wrestling Teams participation on Sunday at 2018 Amityville High School Wrestling Tournament in Amityville, NY on December 7-8, 2018.

### 12. Appeals

- A. Student Athlete, Sissonville HS - 127-2-7.1.f.4 (Residence Transfer) – On a motion by David Cottrell and a second by Jim Crawford, the Board voted 7-1 to sustain the Executive Directors decision denying eligibility for the reason that extreme and undue hardship had not been proven and for the reason that the applicant had not demonstrated that the rule fails to accomplish the purpose for which it is intended.

### B. Student Athlete, outh Charleston HS – 127-2-7 (Residence Transfer)

– After a brief executive session, on a motion by Mike Arbogast and a second by Eddie Campbell, the Board voted 6-2 to overturn the Executive Directors decision because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.

### C. Student Athlete, , Wahama HS - 127-2-7 (Residence Transfer) –

On a motion by Richard Summers and a second by Jim Crawford, the Board unanimously voted to overturn the Executive Directors decision because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.

### D. Student Athlete, University HS- 127-2-7 (Residence Transfer) –

On a motion by Gregory Moore and a second by David Cottrell, the Board unanimously voted to sustain the decision of the Executive Director denying eligibility for the reason that the applicant had not demonstrated that the rule fails to accomplish the purpose for which it is intended and there is no allegation of extreme and undue hardship.

### E. Student Athlete, Charleston Catholic HS - 127-2-7 (Residence Transfer) –

After a brief executive session, on a motion by Eddie Campbell and a second by Mike Arbogast, the Board voted 6-1 with 1 abstention to overturn the decision of the Executive Director because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

### F. Student Athlete, Charleston Catholic HS - 127-2-7 (Residence Transfer) –

On a motion by Eddie Campbell and a second by Jim Crawford, the Board voted 1-7 to overturn the Executive Directors decision. Motion Failed.

### G. Student Athlete, Robert C Byrd HS - 127-2-7 (Residence Transfer) –

On a motion by Jamie Tallman and a second by Gregory Moore, the Board unanimously voted to overturn the decision of the Executive Director and that eligibility be granted, extreme and undue hardship having been established.

### H. Student Athlete, , Petersburg HS – 127-2-7 (Residence Transfer) –

Jamie Tallman recused himself from the proceedings. On a motion by Mike Arbogast and a second by Jim Crawford, the Board unanimously voted to overturn the Executive Directors decision because it has been demonstrated that the rule



fails to accomplish the purpose for which it is intended.

- I. **Student Athlete, , Tucker County HS HS** – 127-2-7 (Residence Transfer) – Jamie Tallman recused himself from the proceedings. On a motion by David Cottrell and a second by Richard Summers, the Board unanimously voted with one abstention to overturn the Executive Directors decision because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.
  - J. **Student Athlete, , Greenbrier West HS** – 127-2-7 (Residence Transfer) On a motion by Eddie Campbell and a second by Robert Dunlevy, the Board voted 6-2 to overturn the Executive Directors decision because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.
  - K. **Student Athlete, , Riverside HS** – 127-2-7 (Residence Transfer) – Lee Loy recused himself from the proceedings. On a motion by Gregory Moore and a second by Robert Dunlevy, the Board unanimously voted to overturn the Executive Directors decision because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.
  - L. **Student Athlete, , Huntington MS** – 127-2-7 (Residence Transfer) – On a motion by Mike Arbogast and a second by David Cottrell, the Board unanimously voted to overturn the Executive Directors decision because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.
- 13. Items for the Good of the Order:**
- A. Musselman High School – On a motion by Mike Arbogast and a second by Robert Dunlevy, the Board voted 6-1 to allow Musselman HS participate in a tournaments on the days 12/21-23/18 and 1/19-20/19.
  - B. AED Program – Dr. Cindy Daniel informed the Board that with the help from the NFHS selling AEDs for \$725.00 each, we now have added 93 AEDs in West Virginia Schools.
  - C. David Cottrell moved and Eddie Campbell seconded a motion to go into an executive session.
14. On a motion by David Cottrell and a second by Eddie Campbell, the Board unanimously voted to adjourn the meeting.

**Bernie Dolan, Executive Director**

**Minutes of Meeting  
Board of Directors #691  
WVSSAC Office  
November 15, 2018**

**1. Call to Order**

The regular meeting of the WVSSAC Board of Directors was called to order at 8:32 AM on Thursday, November 15, 2018 at the WVSSAC Office, Parkersburg, WV by Mr. Lee Loy. The following members were present: Gregory Moore, David Cottrell, Mike Arbogast, Richard Summers, Craig Lee Loy, Dr. Eddie Campbell, Jamie Tallman and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Cindy Daniel. Robert Dunlevy and Dr. James Wilson were absent.

**2. Approval of Minutes**

- A. October Meeting – Mr. Dolan presented the minutes of the October 17-18, 2018 meeting for approval. On a motion by Gregory Moore and a second by Mike Arbogast, the Board voted unanimously to accept the minutes as presented.

**3. Approval of Agenda**

- A. Mr. Dolan presented the Agenda for approval. On a motion by David Cottrell and a second by Jamie Tallman, the Board voted unanimously to approve the agenda as amended. Added the following: Personnel Issue was added to the agenda and Golf Financial was stricken from the agenda.

**4. Financial Report**

- A. **October Monthly** – Mr. Dolan presented the October Monthly Financial Reports for consideration by the Board. On a motion by Dr. Eddie Campbell and a second by Jim Crawford, the Board unanimously approved the reports as presented. The Board asked for a report on corporate sponsorship be presented at the next Board meeting.

**5. Legal Updates –**

- A. Board of Review Results – Mr. Dolan informed the Board that there would be one appeal at the Board of Review on November 20, 2018. Abby Fizer, Charleston Catholic HS.

**6. Administrative Update**

- A. State Cross Country Meet – Mr. Reed informed the Board that the Cross Country Meet went very well. Cabell County does an excellent job running the tournament. They had 200 volunteers.
- B. State Soccer Tournament – Mr. Reed said the State Soccer Tournament also went very well. Woodrow Wilson also does an excellent job running the tournament. They now have 2 turf fields.

- C. State Volleyball Tournament - Dr. Daniel reported that the State Volleyball Tournament went very well. There will be a Volleyball Committee Meeting at this office on December 11. The Volleyball Tournament is out for bid for the next 3-4 years.

- D. Super Six Activities – Mr. Dolan informed the Board that there would be a Banquet at the Highlands on Thursday before the State Tournament. Also the Academic Achievement Awards Brunch will be on Saturday Morning at 9:00 AM before the AAA playoff game.

**7. Appeals**

- A. **Student Athlete, University High School** - 127-2-7 (Residence Transfer) – On a motion by Mike Arbogast and a second by David Cottrell, the Board unanimously voted to sustain the Executive Directors decision denying eligibility for the reason that extreme and undue hardship had not been proven and for the reason that the applicant had not demonstrated that the rule fails to accomplish the purpose for which it is intended.

- B. **Student Athlete, Keyser High School** – 127-2-8 (Adoption/Guardianship) – Petitioner did not attend the proceedings. No action taken.

- C. **Student Athlete, Baileysville MS** - 127-2-4 (Age) – Petitioner did not attend the proceedings due to weather. No action taken.

- D. **Student Athlete, Robert C Byrd HS** – 127-2-7 (Residence Transfer) – On a motion by Mike Arbogast and a second by Richard Summers, the Board voted 2-4 with 1 abstaining to sustain the decision of the Executive Director denying eligibility. Motion failed. On a motion by Eddie Campbell and a second by David Cottrell, the Board vote 3-2 with 2 abstaining to overturn the Executive Directors decision allowing eligibility as it had been demonstrated that the rule fails to accomplish the purpose for which it is intended. Motion passed.

**8. Items for the Good of the Order:**

- A. Personnel Issues – On a motion by Mike Arbogast and a second by Jim Crawford, the Board unanimously voted to give a holiday bonus for the Assistant Executive Directors.
9. On a motion by Eddie Campbell and a second by David Cottrell, the Board unanimously voted to adjourn the meeting.

**Bernie Dolan, Executive Director**

**Minutes of Meeting  
Board of Directors #692  
WVSSAC Office  
January 24, 2019**

**1. Call to Order**

The regular meeting of the WVSSAC Board of Directors was called to order at 8:30 AM on Thursday, January 24, 2019 at the WVSSAC Office, Parkersburg, WV by Mr. Lee Loy. The following members were present: Gregory Moore, David Cottrell, Mike Arbogast, Richard Summers, Craig Lee Loy, Dr. Eddie Campbell, Robert Dunlevy, Jamie Tallman, Dr. James Wilson and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Cindy Daniel.

**2. Approval of Minutes**

- A. November Meeting – Mr. Dolan presented the minutes of the November 15, 2018 meeting for approval. On a motion by Gregory Moore and a second by Dr. Eddie Campbell, the Board voted unanimously to accept the minutes as presented.

**3. Approval of Agenda**

- A. Mr. Dolan presented the Agenda for approval. On a motion by David Cottrell and a second by Jamie Tallman, the Board voted unanimously to approve the agenda as amended: One appeal was stricken from the agenda as they would not be attending. Volleyball addendum, Track addendum and Corporate Partner update was added for the good of the order.

**4. Financial Report**

- A. November & December Monthly** – Mr. Dolan presented the November and December Monthly Financial Reports for consideration by the Board. On a motion by Robert Dunlevy and a second by Dr. Eddie Campbell, the Board unanimously approved the reports as presented.
- B. Cross Country** – Greg Reed shared with the Board that the Cross County Tournament was a great success. Mr. Chris Parsons does a great job running the tournament. Having a champion named for “A” has been well accepted. On a motion by David Cottrell and second by Mike Arbogast, the Board unanimously approved the report as presented.
- C. Volleyball** – Cindy Daniel informed the Board that the State Volleyball Tournament was out for bid for the coming years and that this tournament was a great success. On a motion by Jim Crawford and a second by Jamie Tallman, the Board unanimously approved the report as presented.

- D. Cheer** – Cindy Daniel informed the Board that the next State Cheer Competition would be held at Marshall University in the Henderson Center. This year’s tournament went well even though by court order we had to let an extra school participate in the tournament. On a motion by Jamie Tallman and a second by David Cottrell, the Board unanimously approved the report as presented.

- E. Football** – Mr. Dolan presented the financial report for football. There is less attendance and more expenses. He mentioned that we needed to look at ways to generate more revenue from the football tournament. On a motion by Greg Moore and a second by Jamie Tallman, the Board unanimously approved the report as presented.

- F. Golf** – Wayne Ryan informed the Board that the golf tournament went great. On a motion by Robert Dunlevy and a second by Jamie Tallman, the Board unanimously approved the report as presented.

**5. Coaching Committee Meeting Report**

- A. Volleyball** – Dr. Daniel presented the Volleyball Committee Report. The following were presented for approval by the Board
- i. On a motion by Mike Arbogast and a second by Jamie Tallman, the Board unanimously approved the recommended Regional Sites.
  - ii. On a motion by Jamie Tallman and a second by Richard Summers, the Board gave permission to give schools the option to use flags for regular season but require them for tournament play and leave the responsibility of providing the flags to the school.
  - iii. On a motion by Jamie Tallman and a second by Richard Summers, the Board granted permission with a vote of 8-1 to use a Spalding colored panel ball (navy in color) for all post season play (Sectional, Regional and State). Regular season play, the colored panel ball is optional.
  - iv. On a motion by Gregory Moore and a second by Jamie Tallman, the Board granted permission with a vote of 8-1 to increase the warm-up time from 14 to 18 minutes at state tournament with the extra 4 minutes of warm-up time being shared.
  - v. On a motion by David Cottrell and a second by Eddie Campbell, the Board unani-

mously approved seeding the State Tournament for the 2019-20 having coaches responsible for ranking the team’s 1-16 prior to the regional tournament (similar to the rankings of basketball).

**6. Discipline Log**

- A.** John Kennedy, Ripley HS Girls’ Basketball Coach (Sunday Practice) Mr. Kennedy was given a 2 game suspension and 365 days of probation. On a motion by Mike Arbogast and a second by Robert Dunlevy, the Board unanimously approved the discipline.

**7. Legal Updates –**

- A.** Board of Review - None
- B.** Deposition – Mr. Dolan informed the Board that he and Mr. Ryan would be giving a deposition on February 12, 2019 concerning a wrestling issue 2 years ago.

**8. Administrative Update**

- A.** Super Six Football Championship – The Super Six Tournament went very well. Very well organized tournament.
- B.** Football Reimbursement Discussion – We need to discuss ways to control expense for the Tournament.
- C.** State Cheer Tournament – The State Cheer Tournament will be at Marshall University for the next four years.
- D.** Summer Meeting –
- i. Indianapolis, IN - June 28-July 2, 2019
  - E. Legislative Update - There are several bills before the legislature that will affect this office.
  - F. NFHS Interpreters Meetings
    - i. Track – NFHS has no regulation for base layer apparel, however, WV will still require that participants base layer be school colors or black or white.
    - ii. Baseball – Pitch count – electronic counter being considered.
    - iii. Softball – 20 states have turf infields.
  - G. NFHS Rules Committee
  - H. Public Service Announcements – was shared with the Board while having lunch.

**9. Appeals**

- A. Student Athlete, Wirt County HS - 127-2-7 (Residence Transfer)** – On a motion by Gregory Moore and a second by Richard Summers, the Board vote of 4-5 to sustain the Executive Directors decision denying eligibility for the reason that extreme and undue hardship had not been proven and for the reason that

the applicant had not demonstrated that the rule fails to accomplish the purpose for which it is intended. Motion failed. On a motion by Robert Dunlevy and a second by Jim Crawford, the Board voted 5-4 to overturn the decision of the Executive Director and grant eligibility, extreme and undue hardship having been established.

- B. Student Athlete, Parkersburg Catholic High School – 127-2-7 (Residence Transfer)** On a motion by Richard Summers and a second by Dr. Eddie Campbell, the Board voted 8-1 to sustain the Executive Directors decision denying eligibility for the reason that extreme and undue hardship had not been proven, and there is no allegation that the rule fails to accomplish the purpose for which it is intended.
- C. Student Athlete, Preston HS - 127-2-5 (Semester and Season) –** On a motion by Jamie Tallman and a second by David Cottrell, the Board voted unanimously to overturn the decision of the Executive Director and grant eligibility, extreme and undue hardship having been established.
- D. Student Athlete, Wheeling Park HS – 127-2-7 (Residence Transfer) –** On a motion by Mike Arbogast and a second by Dr. James Wilson, the Board voted 6 for with 3 abstaining to overturn the decision of the Executive Director and that eligibility be granted, extreme and undue hardship having been established.
- E. Student Athlete, Clay-Battelle HS - 127-2-7 (Residence Transfer)** Mr. Cottrell recused himself and sat with the appellant for support. On a motion by Mike Arbogast and a second by Gregory Moore, the Board voted unanimously to overturn the Executive Directors decision because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.
- 10. Items for the Good of the Order:**
- A. Volleyball Addendum – See Volleyball 5Av.
- B. Track Hurdle Spacing for Middle School will be included in the February Interscholastic.
11. On a motion by Gregory Moore and a second by David Cottrell, the Board unanimously voted to adjourn the meeting.

**Bernie Dolan, Executive Director**

**1. Call to Order**

The regular meeting of the WVSSAC Board of Directors was called to order at 8:27 AM on Wednesday, February 20, 2019 at the WVSSAC Office, Parkersburg, WV by Mr. Lee Loy. The following members were present: Gregory Moore, David Cottrell, Mike Arbogast, Richard Summers, Craig Lee Loy, Robert Dunlevy, Jamie Tallman, Dr. James Wilson and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan and Dr. Cindy Daniel. Dr. Eddie Campbell was absent.

**2. Approval of Minutes**

- A. January Meeting – Mr. Dolan presented the minutes of the January 24, 2019 meeting for approval. On a motion by Robert Dunlevy and a second by David Cottrell, the Board voted unanimously to accept the minutes with corrections.

**3. Approval of Agenda**

- A. Mr. Dolan presented the Agenda for approval. On a motion by David Cottrell and a second by Mike Arbogast, the Board voted unanimously to approve the agenda as presented.

**4. Financial Report**

- A. **January Monthly** – Mr. Dolan presented the January Monthly Financial Report for consideration by the Board. On a motion by Mike Arbogast and a second by Dr. James Wilson, the Board unanimously approved the reports as presented.
- B. **State Soccer** – Mr. Dolan shared with the Board that the Soccer revenue was down from last year. On a motion by Jim Crawford and second by Jamie Tallman, the Board unanimously approved the report as presented.

**5. Coaching Committee Meeting Report**

- A. Football – Mr. Dolan presented the Football Committee Report explaining the 40/25 second play clock. 8-man football option in sub-varsity football in WV was also discussed. Gregory Moore questioned whether the 8-man option needed to be taken before the Board of Control. On a motion by Gregory Moore and a second by David Cottrell, the Board tabled the motion until further investigation could be completed.

**6. Discipline Log**

- A. Rick Adkins, Hayes Middle School Girls' Basketball Coach (Sunday Contest) Mr. Adkins was given a 2 game suspension and 365 days of probation. On a motion by Gregory Moore and a second by Jim Crawford, the Board unanimously approved the discipline.

**7. Legal Updates –**

- A. Board of Review – None

8. Volleyball State Tournament Bid to Host – Presentations were made by John Robertson of The Charleston Coliseum and Tim Brady of The Charleston CVB and Anna Adkins of the Cabell Huntington Convention & Visitors Bureau. On a motion by Mike Arbogast and a second by David Cottrell, the Board unanimously voted to accept Charleston's proposal.

**9. Administrative Update**

- A. State Swim Tournament – Dr. Daniel informed the Board that the Swim Tournament went very well. This will be the last swim tournament in the present facilities as WVU is completing work on a new facility.
- B. Cameron Baseball to Myrtle Beach - On a motion by Mike Arbogast and a second by Jim Crawford, the Board voted 7-1 in favor of allowing Cameron to travel to Myrtle Beach.
- C. Elkins Baseball to Myrtle Beach – On a motion by Mike Arbogast and a second by Jim Crawford, the Board voted 7-1 in favor of allowing Elkins to travel to Myrtle Beach.
- D. Elkins Baseball Sunday Practice – On a motion by David Cottrell and a second by Mike Arbogast, the Board unanimously voted that no practice was allowed on Sunday.
- E. Linsly School Request – On a motion by Mike Arbogast and a second by Robert Dunlevy, the Board unanimously voted to allow Linsly School to be classified as AA for participation purposes.

**10. Appeals**

- A. **Student Athlete, Huntington HS - 127-2-7 (Residence Transfer)** – Did not appear.
- B. **Student Athlete, South Charleston HS – 127-2-7 (Residence Transfer)** On a motion by Richard Summers and a second by Jim Crawford, the Board unanimously voted to overturn the Executive Directors decision because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.
- C. **Student Athlete, Scott HS - 127-2-7 (Residence Transfer)** – After a brief Executive Session, on a motion by Dr. Wilson and a second by Jim Crawford, the Board voted 3-4 to overturn the decision of the Executive Director and grant eligibility, extreme and undue hardship having been established. Motion failed. On a motion by Gregory Moore and a second by David Cottrell, the Board voted 4-3 to sustain the Executive Directors Decision denying eligibility for the reason that extreme and undue hardship had not been proven and for the reason that the applicant had not demonstrated that the rule fails to accomplish the purpose for which it is intended.
- D. **Student Athlete, Riverside HS – 127-2-7 (Residence Transfer)** – On a motion by Gregory Moore and a second by

Robert Dunlevy, the Board unanimously voted to overturn the decision of the Executive Director decision granting eligibility because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.

- E. Student Athlete, Student Athlete, Student Athlete, Union HS - 127-2-7 (Residence Transfer)** - Mr. Tallman recused himself and sat with the appellant for support. On a motion by Robert Dunlevy and a second by Jim Crawford, the Board voted unanimously to overturn the Executive Directors decision because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.

**Items for the Good of the Order:**  
None

11. The meeting was adjourned.  
**Bernie Dolan, Executive Director**

**Minutes of Meeting  
Board of Directors #693  
Stonewall Resort  
April 2, 2019**

**1. Call to Order**

The regular meeting of the WVSSAC Board of Directors was called to order at 10:00 AM on Tuesday, April 2, 2019 at 10:00 AM at Stonewall Resort, Roanoke, WV by Mr. Lee Loy. The following members were present: Gregory Moore, David Cottrell, Mike Arbogast, Richard Summers, Craig Lee Loy, Dr. Eddie Campbell, Robert Dunlevy, Jamie Tallman, Dr. James Wilson and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Dr. Cindy Daniel. Mike Kelley and Art Petitto attended as guests.

**2. Approval of Minutes**

- A. February Meeting – Mr. Dolan presented the minutes of the February 20, 2019 meeting for approval. On a motion by David Cottrell and a second by Gregory Moore, the Board voted unanimously to accept the minutes as presented.

**3. Approval of Agenda**

- A. Mr. Dolan presented the Agenda for approval. On a motion by Gregory Moore and a second by Jamie Tallman, the Board voted unanimously to approve the agenda as presented.

**4. Financial Report**

- A. **February Monthly** – Mr. Dolan presented the February Monthly Financial Report for consideration by the Board. On a motion by Robert Dunlevy and a second by Jamie Tallman, the Board unanimously approved the reports as presented.

- B. Swim Financial** – Ms. Daniel shared with the Board On a motion by Mike Arbogast and second by Dave Cottrell, the Board unanimously approved the report as presented. Dr. Campbell talked about Monongalia County School deal with WVU.

**5. Discipline Log**

- A. Rebecca Carter, Coach, Frankfort HS – Out of Season Coaching – Suspended for 365 days from date of letter.
- B. Jeff Mennillo, Parkersburg HS – Sunday Activities – Suspension of 2 games upon receipt of letter. Probation for 365 days from date of letter.
- C. Candance Young, Coach, Midland Trail – Practice & Enrollment & Team Membership – School is on probation for 365 days from date of letter.

On a motion by David Cottrell and a second by Jim Crawford, the Board approved the Discipline Log.

- 6. Appeal Discipline Log** – Jeff Mennillo – Dr. Jim Wilson recused himself. On a motion by Mike Arbogast and a second by Jim Crawford, the Board unanimously voted to sustain the discipline.

**7. Legal Updates –**

- A. Review Board – Dakota McCormick – Mr. Dolan informed the Board that Dakota did not show up for appeal.

**8. Administrative Update**

- A. SB605 – Mr. Dolan updated the Board on the Senate Bill 605.
- B. SB 640– Mr. Dolan updated the Board on the Senate Bill 640.
- C. 8-Man Football – Mr. Dolan explained the motion was for sub-varsity. On a motion by David Cottrell and a second by Gregory Moore, the Board unanimously approved the motion.
- D. Wrestling Tournament Report – Mr. Ryan informed the Board that the tournament went very well.
- E. Basketball Tournament Report – Mr. Reed informed the Board that the tournament went very well.
- F. NFHS Summer Meeting - Mr. Dolan shared information about the NFHS Summer Meeting.
- G. NFHS Foundation Golf Tournament Hole Sponsorship – Jamie Tallman moved and Bob Dunlevy seconded a motion to sponsor a hole at the NFHS Golf Tournament. The Board unanimously approved the motion.
- H. Summer Schedule – On a motion by David Cottrell and a second by Jamie Tallman, the Board unanimously approved the summer schedule.

- 9. Election of Officers** – Mike Arbogast moved and Gregory Moore seconded the motion to elect Richard Summers at president and Dave Cottrell as vice-president of the Board.

- 10. Coaches Education – Online Registration** – Mr. Dolan explained the new procedure for registering for the Coaching Class.

**11. Appeals**

- A. Student Athlete, Trinity Christian - 127-2-7 (Residence Transfer)** – On a motion by Mike Arbogast and a second by Gregory Moore, the Board unanimously voted to overturn the Executive Directors decision because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

- B. Student Athlete, Parkersburg South HS – 127-2-5 (Semester & Season)** On a motion by Gregory Moore and a second by Dave Cottrell, the Board unanimously voted to sustain the Executive Directors decision denying eligibility for the reason that extreme and undue hardship has not been proven and there is no allegation that the rule fails to accomplish the purpose for which it is intended.

- C. Student Athlete, St. Albans HS - 127-2-7 (Residence Transfer)** On a motion by Eddie Campbell and a second by Jim Crawford, the Board voted 7-2 to overturn the decision of the Executive Director and that eligibility be granted, extreme and undue hardship having been established.

**12. Items for the Good of the Order:**

- A. Recognize Mike Arbogast and Jamie Tallman for service to the WVSSAC Board of Directors.

**13. The Meeting was adjourned.**

**Bernie Dolan, Executive Director**

**“The Spirit of Sports: The spirit of sports gives each of us who participate an opportunity to be creative. Sports knows no sex, age, race or religion. Sports gives us all the ability to test ourselves mentally, physically and emotionally in a way no other aspect of life can. For many of us who struggle with ‘fitting in’ or our identity – sports gives us our first face of confidence. That first bit of confidence can be a gateway to many other great things!”**

~Dan O'Brien



2019 - 2020  
SPORTS MEDICINE UPDATES  
AND REMINDERS:



- 1) **ALL COACHES** must complete the free "Concussion in Sport" course annually before the first contest at [nfhslearn.com](http://nfhslearn.com).
- 2) **ALL COACHES** must complete the free "Sudden Cardiac Arrest" Course annually at [nfhslearn.com](http://nfhslearn.com)
- 3) **ALL COACHES** must complete the free "Heat Illness" course one time at [nfhslearn.com](http://nfhslearn.com)
- 4) Water Stations / Body Cooling available for practices and games
- 5) Emergency action plans are required for each athletic facility for all practices and contests before first practice may occur.
- 6) Required Football Practice Guidelines for 2019-2020 (See football Coaches Packet)

For more information on these important updates and reminders, go to [www.wvssac.org](http://www.wvssac.org) and click on the Sports Medicine link under the School Resources tab.

TICKET ORDER FORM
FOR
GIRLS' STATE BASKETBALL TOURNAMENT - 2020

COACHES AND PRINCIPALS

(ORDERS MAY BE SUBMITTED AT ANYTIME)

NAME
SCHOOL
ADDRESS
CITY STATE
ZIP CODE PHONE
CLASS A, AA, OR AAA (Please Circle)
GRADES IN SCHOOL 6, 7, 8, 9, 10, 11, 12 (Please Circle)
PRINCIPAL'S SIGNATURE

I am an authorized agent for the above school to order tickets from their allotment for the Girls' State High School Basketball Tournament.

Civic Center reserves the right not to leave single tickets. All orders must be accompanied by a school or personal check or credit card # and only until February 1. Seating will not be available in the Principals/Coaches section after February 1 and can only be purchased at the \$64.00 rate.

Table with 3 columns: Ticket Type, Price, Total. Rows include: No. of Principals and Coaches Tickets (\$56.00), No. of Student Tickets (\$48.00), Reserved Seat Adult Tickets (\$64.00), Handling Charge (\$5.00), and Total.

I have approved the above school order (Principal's Signature)

Payment Method: 1) Check 2) American Express 3) Master Card 4) VISA 5) Discover
CREDIT CARD NAME & NO. EXPIRATION DATE
NAME
ADDRESS
STATE ZIP CODE
AUTHORIZED SIGNATURE

ADULT TICKETS MAY BE PURCHASED FROM CIVIC CENTER SEPARATELY - General Admission - \$8.00
Reserved Seating - \$9.00

PHONE: 1-304-345-7469 MAILED TO: BOX OFFICE MANAGER
TICKETS GIRLS' STATE BASKETBALL TOURNAMENT
CHARLESTON COLISEUM AND CONVENTION CENTER
200 CIVIC CENTER DRIVE
CHARLESTON, WV 25301

TICKET ORDER FORM
FOR
BOYS' STATE BASKETBALL TOURNAMENT - 2020
COACHES AND PRINCIPALS

(ORDERS MAY BE SUBMITTED AT ANYTIME)
(BUT PRIOR TO February 1)

The Board of Directors has restricted the sale of tournament tickets at reduced prices. Please check below for the allowed number of tickets that may be purchased at the \$56.00 rate.

NAME
SCHOOL
ADDRESS
CITY STATE
ZIP CODE PHONE

CLASS A, AA, OR AAA (Please Circle)
GRADES IN SCHOOL 6, 7, 8, 9, 10, 11, 12 (Please Circle)

PRINCIPAL'S SIGNATURE

I am an authorized agent for the above school to order tickets from its allotment for the Boys' State High School Basketball Tournament.

Civic Center reserves the right not to leave single tickets. All orders must be accompanied by a school or personal check or credit card # and only until February 1. Seating will not be available in the Principals/Coaches section after February 1 and can only be purchased at the \$64.00 rate.

The allowed maximum number of tickets according to school classification is as follows:

- Class A - maximum of 8 tickets
Class AA - maximum of 8 tickets
Class AAA - maximum of 10 tickets
Middle Schools - maximum of 6 tickets
7-12 Schools - maximum of 10 tickets

Table with 3 columns: Ticket Type, Price, Total. Rows include No. of Principals and Coaches Tickets, No. of Student Tickets, Reserved Seat Adult Tickets, Handling Charge, and Total.

I have approved the above school order (Principal's Signature)

Payment Method: 1) Check 2) American Express 3) Master Card 4) VISA 5) Discover
CREDIT CARD NAME & NO. EXPIRATION DATE
NAME
ADDRESS
STATE ZIP CODE
AUTHORIZED SIGNATURE

ADULT TICKETS MAY BE PURCHASED FROM CIVIC CENTER SEPARATELY - General Admission \$8.00
Reserved Seating \$9.00

PHONE: 1-304-345-7469 MAIL TO: BOX OFFICE MANAGER
TICKETS BOYS' STATE BASKETBALL TOURNAMENT
CHARLESTON COLISEUM AND CONVENTION CENTER
200 CIVIC CENTER DRIVE
CHARLESTON, WV 25301

# New EMERGENCY ACTION PLAN New

## 127-2-15 EMERGENCY ACTION PLAN; CONCUSSIONS, HEAD INJURIES

15.1 EMERGENCY ACTION PLAN. Annually, on or before the first day of practice of each sport specific season, each member school shall adopt an Emergency Action Plan (EAP) for athletics designed to respond to athletic injuries that occur on school property during school-sponsored athletic events, and submit the plan to the county board of education, or similar governing body of a private/parochial school. In addition, a copy of the EAP shall be submitted to the WVSSAC. Each EAP shall include:

15.1.1 Protocols for practices and for games;

15.1.2 Directives for personnel or equipment which should be available on sports fields or in school buildings for both girls' and boys' teams.

15.1.2 Training. The EAP shall include any necessary training for any person - either school or volunteer personnel, on an as-needed basis, designated as responsible for any portion of the implementation of the EAP. Training may be in person or online as may be available to the school.

15.1.3 Protocol for summoning emergency medical assistance. The EAP shall discuss how the school's sports teams will assign responsibility for summoning emergency medical assistance in the case of an emergency during a practice or event.

15.1.4 Protocol for beginning Cardiopulmonary Resuscitation (CPR). The EAP shall discuss how the school's sports teams will assign responsibility for beginning CPR in the event it is necessary. Each sports team must have individuals trained in CPR. The school shall provide proper training to any individual assigned responsibility for performing CPR.

15.1.5 Protocol for the use of Automated External Defibrillator (AED). It is recommended that each school have an AED available. The EAP must address how the school's sports teams will assign responsibility for retrieving and using an AED in the event it is necessary. Each sports team must be instructed on the location of the nearest practice or event facility (even if the closest one is not at the school). The school shall provide proper training to any individual assigned responsibility for using an AED.

15.1.6 Protocol for the treatment of heat stroke. The EAP must address how the school's sports teams will prepare for and treat heat stroke. Each sports team that practices outdoors is recommended to have available an immersion tub, must have water, ice and towels, to be used for the treatment of heat stroke. The EAP must address how the school's sports team will assign responsibility for obtaining these items and preparing them before a practice or game begins.

15.1.7 Written records. The EAP shall require that each of the school's sports team assign responsibility for the items discussed above at the beginning of each season, and record those assignments on a written record, which record shall be retained by the sports team and the school.

15.1.8 Symptoms and risk factors for sudden cardiac arrest. The EAP shall require that schools train athletes, coaches, and volunteers about the symptoms and risk factors for sudden cardiac arrest.

15.1.9 Coordination with local Emergency Medical Systems. The EAP shall require that schools coordinate with their local EMS personnel, notifying EMS personnel of the availability of AEDs at the school, and notifying EMS personnel of the EAP adopted by the school.

15.1.10 Follow up and retraining. The EAP shall require that school sports teams that respond to an emergency incident meet to discuss their response after the incident has passed. Discussion shall center on the team's response to the incident, areas for improvement, any retraining that may be necessary, and any counseling that may be required for the individuals involved.

15.1.11 Schools may, but are not required to adopt the **Anyone Can Save a Life Program** (available at [www.anyonecansavealife.org](http://www.anyonecansavealife.org)), to be implemented as that school's EAP in compliance with this RULE.

15.1.12 W.Va. Code § 18 – 2 – 25b requires the county board of education to keep the emergency plan of each school in the county on file and, unless otherwise provided for, provide a copy of each school's emergency action plan for athletics to each local emergency response agency that has a role in the plan.



15.2 HEAD INJURIES and CONCUSSIONS. Member schools shall distribute guidelines and other pertinent information to inform and educate appropriate school administrators, coaches, interscholastic athletes, and their parents or guardians of the nature and risk of concussion and head injury including the risks of continuing to play or practice after a concussion or head injury. More particularly, each member school shall distribute to all student athletes and their parents or guardians a copy of NFHS approved concussion education materials.

15.2.1 Each student athlete and his or her parent or guardian shall sign the WVSSAC ATHLETIC PARTICIPATION / PARENTAL CONSENT/PHYSICIAN'S CERTIFICATE FORM, which form shall contain in bold type a certification that the student athlete and his or her parent or guardian that a concussion and head injury information sheet, which shall be signed and returned by the interscholastic athlete and the athlete's parent or guardian on an annual basis before the interscholastic athlete begins practice or competition;

15.2.2 Each head coach of an interscholastic sport at a member school shall complete a WVSSAC-approved concussion and head injury recognition and return-to-play protocol course annually;

15.2.3 An interscholastic athlete who is suspected by a licensed health care professional or by his or her head coach or licensed or registered athletic trainer of having sustained a concussion or head injury in a practice or game shall be removed from competition at that time;

15.2.4 An interscholastic athlete who has been removed from play or practice may not return to play or practice until the athlete is evaluated by a licensed health care professional trained in the evaluation and management of concussions and receives written clearance to return to play and practice from the licensed health care professional;

15.2.5 The respective categories of licensed health care professionals who are authorized to provide written clearance for the interscholastic athlete to return to play include medical doctors (M.D.), doctors of osteopathy (D.O.), doctors of chiropractic (D.C.), advanced registered nurse practitioners (ARNP), physician assistants (PA-C), licensed physical therapists and registered certified athletic trainers (ATC/R) who are properly trained in the evaluation and management of concussions.

15.2.6 All member schools must submit a report to the West Virginia Secondary School Activities Commission within seven days of an interscholastic athlete suffering or being suspected of suffering a concussion or head injury in a practice or game. The report must state whether an evaluation by a licensed health care professional verified that a concussion or head injury was actually suffered, whether the athlete received written clearance to return to play or practice and, if written clearance was given, the number of days between the incident and the actual return to play or practice. If written clearance to return to play is given more than 30 days of the incident, a report update shall be submitted.

15.2.7 The West Virginia Secondary School Activities Commission shall compile and submit reports of an interscholastic athlete suffering or being suspected of suffering a concussion or head injury in a practice or game to the appropriate state and national organization or agencies to analyze and make determinations on whether the rule required by this section needs to be amended or if equipment worn by interscholastic athletes needs to be changed accordingly. The West Virginia School Activities Commission also shall submit the reports to the Legislative Oversight Commission on Health and Human Resources Accountability.

15.3 NON-COMPLIANCE; DISCIPLINE. Any member school not complying with the requirements of these rules shall be subject to the disciplinary actions ordered by the West Virginia Secondary School Activities Commission as provided in WVSSAC Rule §127-4-3.9.